

Valued SMU*fit* Members and Community,

Now that the province is in phase 3 of the [reopening plan](#) SMU*fit* would like to reiterate our plan for the ending of restrictions and provide an update on spring programs, holiday hours and the reopening of our steam and sauna rooms.

SMU*fit*'s plan for the end of restrictions:

Saint Mary's University is planning for the end of restrictions with respect to COVID-19. Our approach will be gradual so not to disrupt faculty, staff, and students in the middle of the term. For that reason, most restrictions **will remain in place** for the remainder of this term.

- Mandatory masking, social distancing and proof of vaccination requirements **will be ended on May 2nd**, barring any unexpected developments.
- As of March 21st our facility has been functioning at 100% capacity with social distancing.
- As of March 21st fans in SMU*fit* are in use.
- As of April 5th SMU*fit*'s Steam and Sauna rooms will be re-opened.

Holiday Hours:

- Good Friday, April 15th – Closed
- Easter Sunday, April 17th – Closed
- Easter Monday, April 18th – Open from 8 a.m. – 7 p.m.
- Victoria Day, May 23rd – Open from 8 a.m. – 8 p.m.

Re-Opening of our Steam and Sauna rooms:

We are excited to announce the reopening of our Steam and Sauna rooms on April 5th! Steam and Sauna areas function similarly to an exercise or shower space, meaning:

- Masks will not be required while in the steam and sauna.
- Social distancing and respecting others space is expected.
- Members should continue to bring their own towels, as towel service is not available at this time.

Spring Programs:

Registration for Spring Programs begins on **April 4th**. See our SMU*fit* Spring Program Brochure (<https://smuca-cms01-production.terminalfour.net/terminalfour/SiteManager?ctfn=download&fnno=60&ceid=fa4056823a69447a1eb4735be87400187033e2c5>) for a listing of our programs and services as well as how to register.

Spring Programs begin the week of **May 2nd**.

Registration for programs is on a first come, first serve basis so make sure to register early.

Registration will close on **May 9th**.

Thank you for your consistent patience throughout all changes. As we pave a new way forward, safely, and efficiently, we are taking into consideration the effects that COVID has had on our facility, community, students, and staff, as well as what is best for our members.

For questions or concerns please email: lindsay.mcfarlane@smu.ca

Sincerely,

SMU*fit* Staff