



## BOOKING YOUR DROP-IN CLASS SPOT - ONLINE

- Before coming into SMUfit, log into the [Fusion Online Member Portal](#) and book a spot in the class.
- All group fitness bookings can be found under, Group Exercise Classes.
- Members will be able to book classes three (3) days in advance.
- NOTE:** You must tell front desk staff that you are checking into your class for them to mark you as attended.

## CHECKING IN TO YOUR REGISTERED CLASS - WITH THE FRONT DESK

- Arrive a minimum of 5 min prior to the class start time and the front desk staff will check you in.
- Late participants will not be accepted into class to avoid travel through a class while masks are off, and attendees are participating in physical activity.
- NOTE:** You must tell front desk staff that you are checking into your class for them to mark you as attended.

## CANCELLING A CLASS

- All reservations can be cancelled by logging into your online member profile > select programs > click on the three dots beside the booking you wish to cancel > select 'delete'
- Cancellations must be done 24hrs prior to the class so others are able to book.
- Members who do not show up for their appointments may lose the ability to book future classes.

## SCREENING

In compliance with the government response to COVID-19 updated restrictions, anyone age 12+ entering SMUfit will need to show proof of full vaccination to participate in discretionary, recreational, or non-essential activities.

- All members and program participants must fill out the COVID-19 Screening questions online, via the online booking appointment process.
- If a member books in-person, or over the phone, our staff will be asking the screening questions directly to the member.
- If there are any changes in health/symptoms between the time of booking and the time of appointment, it is the member's responsibility to monitor their own symptoms, and action according to Public Health guidance.

## MANDATORY FACE COVERINGS

In compliance with the government response to COVID-19 updated restrictions, SMU is requiring the use of masks or face coverings in all indoor public spaces at the SMUfit facility.

- This requirement includes **all hallways, locker rooms, public gathering places, lounges & program rooms.**
- The mask is required to be worn by all individuals except for:
  - individuals with special medical or other relevant condition.
- Those refusing to wear a mask for any reason can bring their own face shield and use it instead.
- Masks can be taken off when you have arrived at your spot in a group fitness class and are being physically active.**
- Once masks are removed, the class is in session and no late participants will be accepted for the safety of all participants.

## WHILE PARTICIPATING IN A CLASS

- You must be booked and checked in at the desk before entering the class.
- Physical distancing markers or equipment will be in place so that all participants have 2 square meters of workout space.
- Hand sanitizer must be applied before picking up any new piece of equipment.
- Participants are asked to bring their own yoga mats as necessary

## CLEANING AND SANITATION OF EQUIPMENT

- Equipment needs to be wiped with disinfectant by the participant both before and after class (use disinfectant wipes and leave to settle for at least 20 seconds before wiping off or leave to air-dry depending on the surface).