

# How to Book Appointments



## 1. Booking by phone:

Depending on the availability of staff, return calls can take 4-6 hours.

## 2. Pomelo health

Pomelo health is an online patient portal that allows you to:

- Book/cancel/reschedule appointments
- Communicate with clinic staff
- Receive medical records/files directly
- Receive text message/email appointment reminders

Pomelo health is the preferred method of booking and will save you time.

### To register for Pomelo, follow the steps below:

1. Complete the SMU Clinic Registration Form, found on our website under the "book an appointment tab". The completed form is received by reception staff. Upon review, they create your medical chart and will send you a confirmation email.
2. Check your email for a Pomelo Health link and access passcode.
3. Login to Pomelo and set your account preferences.
4. Book your appointments with Pomelo.

# Contact Information



## Phone Number

902-420-5611



## E-mail Address

student.health@smu.ca



## Our Location

**Student Centre,**  
4th floor, room 403  
923 Robie St. Halifax, NS  
B3H 3C3



Scan here to  
access the website.

Student Health Services

# Student Health Clinic



Saint Mary's  
University



Saint Mary's  
University

# Health Promotion



Students are strongly encouraged to review their immunizations with their primary care provider (e.g., doctor, nurse, etc.) prior to coming to Saint Mary's University to ensure your health is protected while you pursue your studies.

## Recommended immunizations:

- COVID-19
- Hepatitis B
- Human Papillomavirus (HPV, Gardasil, Gardasil 9)
- Influenza (Flu shot)
- Measles, Mumps, Rubella & Varicella (MMRV)
- Meningococcal A, C, Y, W
- Meningococcal B
- Tetanus, Diphtheria, Pertussis (Tdap)

This information is provided by the Canadian Immunization Guide and Nova Scotia Public Health Department.

If you would like to discuss or receive vaccines at Saint Mary's, please book an appointment at the Student Health Clinic and bring your vaccine records.

Your vaccine records can be obtained through your primary care provider or your local public health office.

# Welcome to SMU

As a student at Saint Mary's University, you will have access to health care services provided to you by our Student Health Clinic.

We understand that maintaining your health, well-being and safety can be tough to manage while juggling the demands of university life.

Our dedicated team of professionals which include both female and male identifying physicians, will offer you the support you need throughout your journey here at Saint Mary's

## Clinic Hours



**Monday to Friday:**  
9 a.m.-4 p.m.

**Saturday and Sunday:**  
Closed

**School holidays:**  
Closed

# Our Services



All Saint Mary's students, their spouse, and dependants are eligible to access our clinic up to 1 year after convocation. Some services we provide are:

## General

- Medical diagnosis & treatment
- Women's health & reproductive health
- Men's health
- Sexual health (STI testing & counselling)
- Medication management
- Vaccinations
- Specialist referrals

## 2SLGBTQIA+

- Hormone therapy
- Assistance in obtaining letters of readiness for gender-reaffirming surgery

