

## Mitacs Training / Mitacs Perfectionnement

### Professional Development Winter sessions – Développement professionnel Sessions d'hiver

*\*All sessions are open to university students across Canada, please check the time zone when enrolling on our Edge platform.*

*\*\* Toutes les sessions sont ouvertes aux étudiants universitaires de tout le Canada. Veuillez vérifier le fuseau horaire lorsque vous vous inscrivez sur notre plateforme Edge.*

### January/Janvier 2023

Course Bundle/Ensemble de cours	Online Pre-requisite/Pré-requis en ligne	Facilitated Sessions/Séance animée	Session Dates/Date de session	Duration + Time Zone/Durée + Fuseau horaire
Networking Skills	Advance your reach	<b>Building your project network map</b>	January 16, 2023	1:00pm - 3:00pm EST
Writing and Presentation Skills	Refine your writing and presentation skills	<b>Framing your project in a masterful presentation</b>	January 17, 2023	1:00pm - 4:00pm EST
Leadership Skills	High performing leadership and teams	<b>Applying the principles of sound leadership and team building</b>	January 18, 2023	9:30am - 12:00pm MST
Career Planning	Boost your career	<b>Mastering the elevator pitch</b>	January 19, 2023	1:00pm - 4:00pm CST
Project and Time Management	Spur up your project and time management	<b>Project and time management</b>	January 23, 2023	4:00pm - 6:00pm EST
Writing and Presentation Skills	Refine your writing and presentation skills	<b>Framing your project in a masterful presentation</b>	January 25, 2023	1:00pm - 4:00pm MST
Communication Skills	Enhance your communication skills	<b>Refined project communication plan</b>	January 27, 2023	10:00am - 12:00pm PST
Reconciliation and EDI	Fostering a culture of reconciliation, equity, diversity, and inclusion	<b>Incorporating reconciliation, equity, diversity and inclusion into your project</b>	January 30, 2023	4:00pm - 6:00pm MST
Project and Time Management	Spur up your project and time management	<b>Project and time management</b>	January 31, 2023	3:00pm - 5:00pm AST

## February/Février 2023

Course Bundle/Ensemble de cours	Online Pre-requisite/Pré-requis en ligne	Facilitated Sessions/Séance animée	Session Dates/Date de session	Duration + Time Zone/Durée + Fuseau horaire
Writing and Presentation Skills	Refine your writing and presentation skills	<b>Framing your project in a masterful presentation</b>	February 1, 2023	9:00am - 12:00pm PST
Leadership Skills	High performing leadership and teams	<b>Applying the principles of sound leadership and team building</b>	February 2, 2023	3:00pm - 5:30pm EST
Networking Skills	Advance your reach	<b>Building your project network map</b>	February 3, 2023	10:00am - 12:00pm EST
Career Planning	Boost your career	<b>Mastering the elevator pitch</b>	February 6, 2023	10:00am - 1:00pm EST
Reconciliation and EDI	Fostering a culture of reconciliation, equity, diversity, and inclusion	<b>Incorporating reconciliation, equity, diversity and inclusion into your project</b>	February 7, 2023	3:00pm - 5:00pm PST
Project and Time Management	Spur up your project and time management	<b>Project and time management</b>	February 8, 2023	1:00pm - 3:00pm MST
Communication Skills	Enhance your communication skills	<b>Refined project communication plan</b>	February 9, 2023	4:00pm - 6:00pm CST
Writing and Presentation Skills	Refine your writing and presentation skills	<b>Framing your project in a masterful presentation</b>	February 10, 2023	9:00am - 12:00pm EST
<i>Réconciliation, équité, diversité et inclusion</i>	<i>Réconciliation, équité, diversité et inclusion</i>	<i>Intégrer le réconciliation, l'équité, la diversité et l'inclusion dans votre projet</i>	<i>February 13, 2023</i>	<i>4:30pm - 6:00pm EST</i>
Networking Skills	Advance your reach	<b>Building your project network map</b>	February 15, 2023	10:00am - 12:00pm MST
Project and Time Management	Spur up your project and time management	<b>Project and time management</b>	February 16, 2023	4:00pm - 6:00pm PST
Reconciliation and EDI	Fostering a culture of reconciliation, equity, diversity, and inclusion	<b>Incorporating reconciliation, equity, diversity and inclusion into your project</b>	February 17, 2023	10:30am - 1:00pm AST
Project and Time Management	Spur up your project and time management	<b>Project and time management</b>	February 21, 2023	9:00am - 11:00am CST

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Communication Skills	Enhance your communication skills	<b>Refined project communication plan</b>	February 22, 2023	9:00am - 11:00am EST
Career Planning	Boost your career	<b>Mastering the elevator pitch</b>	February 23, 2023	3:00pm - 6:00pm PST
Leadership Skills	High performing leadership and teams	<b>Applying the principles of sound leadership and team building</b>	February 24, 2023	9:30am - 12:00pm EST
Writing and Presentation Skills	Refine your writing and presentation skills	<b>Framing your project in a masterful presentation</b>	February 27, 2023	1:00pm - 4:00pm PST
Project and Time Management	Spur up your project and time management	<b>Project and time management</b>	February 28, 2023	3:00pm - 5:00pm MST

## March/Mars 2023

Course Bundle/Ensemble de cours	Online Pre-requisite/Pré-requis en ligne	Facilitated Sessions/Séance animée	Session Dates/Date de session	Duration + Time Zone/Durée + Fuseau horaire
Reconciliation and EDI	Fostering a culture of reconciliation, equity, diversity, and inclusion	<b>Incorporating reconciliation, equity, diversity and inclusion into your project</b>	March 1, 2023	9:30am - 12:00pm EST
Communication Skills	Enhance your communication skills	<b>Refined project communication plan</b>	March 2, 2023	3:00pm - 5:00pm EST
Leadership Skills	High performing leadership and teams	<b>Applying the principles of sound leadership and team building</b>	March 3, 2023	10:00am - 12:30pm PST
Project and Time Management	Spur up your project and time management	<b>Project and time management</b>	March 6, 2023	9:00am - 11:00am PST
Career Planning	Boost your career	<b>Mastering the elevator pitch</b>	March 7, 2023	1:00pm - 4:00pm EST
Networking Skills	Advance your reach	<b>Building your project network map</b>	March 8, 2023	4:00pm - 6:00pm PST
Leadership Skills	High performing leadership and teams	<b>Applying the principles of sound leadership and team building</b>	March 9, 2023	9:30am - 12:00pm EST
Communication Skills	Enhance your communication skills	<b>Refined project communication plan</b>	March 10, 2023	9:00am - 11:00am EST

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Reconciliation and EDI	Fostering a culture of reconciliation, equity, diversity, and inclusion	<b>Incorporating reconciliation, equity, diversity and inclusion into your project</b>	March 13, 2023	1:00pm - 3:00pm CDT
Project and Time Management	Spur up your project and time management	<b>Project and time management</b>	March 14, 2023	9:00am - 11:00am EDT
Writing and Presentation Skills	Refine your writing and presentation skills	<b>Framing your project in a masterful presentation</b>	March 15, 2023	3:00pm - 6:00pm EDT
Networking Skills	Advance your reach	<b>Building your project network map</b>	March 16, 2023	1:00pm - 4:00pm EDT
Communication Skills	Enhance your communication skills	<b>Refined project communication plan</b>	March 20, 2023	1:00pm - 3:00pm EDT
Networking Skills	Advance your reach	<b>Building your project network map</b>	March 21, 2023	3:00pm - 5:00pm EDT
Project and Time Management	Spur up your project and time management	<b>Project and time management</b>	March 22, 2023	10:00am - 12:00pm MDT
Leadership Skills	High performing leadership and teams	<b>Applying the principles of sound leadership and team building</b>	March 23, 2023	10:00am - 12:30pm CDT
<i>Compétences en communication</i>	<i>Améliorer vos compétences en communication</i>	<i>Plan de communication détaillé de votre projet</i>	<i>March 24, 2023</i>	<i>10:00am - 12:00pm EDT</i>
Writing and Presentation Skills	Refine your writing and presentation skills	<b>Framing your project in a masterful presentation</b>	March 27, 2023	10:00am - 1:00pm MDT
Project and Time Management	Spur up your project and time management	<b>Project and time management</b>	March 27, 2023	1:00pm - 3:00pm PDT
Reconciliation and EDI	Fostering a culture of reconciliation, equity, diversity, and inclusion	<b>Incorporating reconciliation, equity, diversity and inclusion into your project</b>	March 28, 2023	4:00pm - 6:00pm EDT
Career Planning	Boost your career	<b>Mastering the elevator pitch</b>	March 29, 2023	3:00pm - 6:00pm EDT
Career Planning	Boost your career	<b>Mastering the elevator pitch</b>	March 30, 2023	2:00pm - 5:00pm CST
Communication Skills	Enhance your communication skills	<b>Refined project communication plan</b>	March 31, 2023	10:00am - 12:00pm ADT

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