

Curriculum Vitae
Dayna Lee-Baggley, Ph.D.
(other names Dayna Sherry)

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Citizenship: Canadian

EMPLOYMENT

- 2023-present **Co-founder and Chief Science Officer**, ImpACTme app, Halifax, NS
- 2023-present **Director**, Psychological Health and Safety Lab, Saint Mary's University, Halifax, NS
- 2021-present **Director and Registered Psychologist**, Dr. Lee-Baggley & Associates, Halifax, NS
- 2018-present **Cross Appointment**, Department of Psychology and Neuroscience, Dalhousie University, Halifax, NS
- 2017-present **Cross Appointment**, Department of Surgery, Dalhousie University, Halifax, NS
- 2016-present **Assistant Professor**, Department of Family Medicine, Dalhousie University, Halifax, NS
- 2016-present **Clinical Associate**, Department of Psychology and Neuroscience, Dalhousie University, Halifax, NS
- 2015-present **Adjunct Faculty**, Psychology Department (Industrial and Organizational Area), Saint Mary's University
- 2021-2023 **Chief of Research**, Howatt HR Applied Workplace Research Institute, Halifax, NS
- 2020-2023 **Senior Consultant**, Howatt HR Consulting, Halifax, NS
- 2018-2021 **Director**, Behaviour Change Research Institute, Department of Family Medicine, Dalhousie University, Halifax, NS
- 2017-2020 **Registered Psychologist**, Wavelength Psychotherapy, Halifax, NS

- 2016-2019 **Part Time Teaching Appointment**, Department of Industrial and Organizational Psychology, Saint Mary's University
- 2013-2021 **Core Faculty**, Behaviour Change Institute, Primary Care, Nova Scotia Health Authority, Halifax, NS
- 2013-2017 **Registered Psychologist**, Partners for Healthier Weight, Halifax, NS
- 2015-2016 **Registered Psychologist**, Dr. Daniel Chorney & Associates, Halifax, NS
- 2013-2015 **Registered Psychologist**, Genest MacGillivray Psychologists, Halifax, NS
- 2008-2021 **Registered Psychologist**, Medical, Surgery, and Cancer Care Units, QEII Health Sciences Center, Nova Scotia Health (formerly Capital Health), Halifax, NS
- 2007-2008 **Psychologist (Candidate Register)**, Psychology Department, QEII Health Sciences Center, Capital Health, Halifax, NS
- 2006-2007 **Post-Doctoral Fellow**, Michael Smith Foundation for Health Research, University of British Columbia, Vancouver, BC

PROFESSIONAL QUALIFICATIONS

- 2021 - present **Registered Psychologist (#7004)** in Ontario
- 2021 - present **Registered Psychologist (#5677)** in Alberta
- 2021 - present **Registered Psychologist (#2638)** in British Columbia
- 2008 - present **Registered Psychologist (#R0598)** in Nova Scotia
- 2020 **Certified ACT/ProSocial Matrix Facilitator** by the ACT Matrix Academy
- 2018 **Peer Reviewed Trainer for Acceptance and Commitment Therapy** by Association for Contextual Behavioral Science
- 2017 **Certified Emotion Focused Therapy (EFT) Couples Therapist**, International Centre for Excellence in Emotionally Focused Therapy

EDUCATION

- 2005-2006 **Pre-Doctoral Internship in Clinical Psychology** (CPA and APA accredited), Saskatoon Health Region, Saskatoon, SK

- 2002-2006 **Doctor of Philosophy** (Clinical Psychology; CPA and APA accredited),
University of British Columbia, Vancouver, BC
- 2000-2002 **Master of Arts** (Clinical Psychology; CPA and APA accredited),
University of British Columbia, Vancouver, BC
- 1996-2000 **Bachelor of Science** (Honours, Psychology), University of Calgary,
Calgary, AB

GRANTS¹

Grants (total: \$2,656,345; As a PI: \$1,578,144)

- 2024-2025 **Lee-Baggley, D. L.** “Building Inclusive Shelters: ACT training for Substance Abuse, Harm Reduction, and Burnout Prevention” *Mental Health Foundation of Nova Scotia, Community Grant* (\$25,0000).
- 2023-2026 **Lee-Baggley, D. L.**, Pizzo, R., & Howatt, B. “Creating culturally sensitive, trauma informed, evidence-based tools for Bill C-65.” *Workplace Harassment and Violence Prevention Fund, Employment and Social Development Canada, Government of Canada* (\$1,376,842).
- 2023-2026 Gilin, D. & **Lee-Baggley, D. L.** “Psychologically safe and inclusive workplaces. Evidence based assessment and intervention.” MITACS funding for three students, industry partner (\$240,000)
- 2021-2023 Grant, S., Joy, P., Fisher, D., Snelgrove-Clarke, E., Stoneman, S., **Lee-Baggley, D. L.**, Lengyel, C., Norris, D., Madgett, C., Bacher, V. “Exploring Registered Dietitians’ Perception, Knowledge of, and Experience with Implementation of Weight-Related Evidence within the Nutrition Care Process. *Canadian Foundation for Dietetic Research, Research Grants* (\$19,397).
- 2020-2022 Gilin, D., Francis, L., Fleming, M., & **Lee-Baggley, D.** “Preventing burnout among front-line care workers to fight COVID-19: screen and intervene.” *Nova Scotia COVID-19 Health Research Coalition* (\$47,460).
- 2017-2019 **Lee-Baggley, D. L.**, Vallis, M., & Tennekore, K. “Predicting and Reducing Non-Adherence in Kidney Disease: Validating a Novel Clinical Tool” *Kidney Foundation of Canada, Allied Health Grant* (\$100,000).
- 2017-2019 **Lee-Baggley, D.**, Vallis, M., Edwards, L., & Comeau, J. “Supporting psychosocial distress in diabetes care: a patient-centered integrated care management initiative - Western Zone, NSHA” *Translating Research Into Care (TRIC) Healthcare Improvement Research Program Level 3* (\$60,000).
- 2017-2018 Vallis, M., Sampalli, T., **Lee-Baggley, D. L.**, Ryer, A., & Kumanan, K. “Changing Systems to Integrate Health Behaviour Change Competencies into

¹ Names of students whom I co-supervised in completing grants, publications, presentations, etc. are underlined.

- Primary Care” *Translating Research Into Care (TRIC) Healthcare Improvement Research Program Level 2* (\$30,000).
- 2017 **Lee-Baggley, D. L.**, Vallis, M. T., & Rosen, N. “The Experience of Obesity.” *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$4,236). This grant is to provide funds to support a research assistant.
- 2016-2017 Day, A., Leiter, M., Kelloway, K., **Lee-Baggley, D. L.**, Chorney, J., Laschinger, H., et al. “The Healthy & Productive Workplace Partnership” *Canadian Institutes of Health Research (CIHR)/ Social Sciences and Humanities Research Council of Canada Partnership Development Grants Special Initiative* (\$148,260).
- 2016 **Lee-Baggley, D. L.**, Vallis, M. T., Kirk, S., & McLellan, K. “Health outcomes and cost effectiveness of a 52-week, multidisciplinary, obesity management treatment group.” *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$4,190). This grant is to provide funds to support a research assistant.
- 2016-2019 Rosen, N., Chorney, J., George, R., **Lee-Baggley, D. L.**, Pukall, C., Snelgrove-Clarke, E., Pierce, M. “A longitudinal study of biopsychosocial predictors of postpartum genito-pelvic pain: 12 and 24 months later.” *Nova Scotia Health Research Foundation, Establishment Grant*. (\$150,000).
- 2017-2020 Rosen, N., Chorney, J., George, R., **Lee-Baggley, D. L.**, Pukall, C., Snelgrove-Clarke, E., “Biopsychosocial predictors of postpartum genito-pelvic pain: A two-year follow-up” *Canadian Institutes of Health Research, Project Grant*. (\$85,425).
- 2015-2016 Finkle, S., N., Landry, D., Tennankore, K., **Lee-Baggley, D.L.**, & Jensen, M. “Non-Pharmacological Management of Depression in Dialysis Patients, a Scoping Review.” *Translating Research into Care (TRIC) Healthcare Improvement Research Program, Level 1*. (\$2,995)
- 2014-2016 **Sherry, D. L.**, Nealis, L. J., & Sherry, S. B. “Understanding the perfectionism-stress link: A biopsychosocial perspective on perfectionism and stress in healthcare workers.” *Capital Research Health Fund*. (\$15,000).
- 2014 **Sherry, D. L.**, & Sherry, S. B. “Other-oriented perfectionism in social networks.” *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$1,456). This grant provided funds to support an undergraduate research assistant.
- 2014 Sherry, S. B., & **Sherry, D. L.** “Other-oriented perfectionism and interpersonal problems.” *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$1,248). This grant provided funds to support an undergraduate research assistant.
- 2013-2018 Sherry, S. B., Pratt, M. W., Stewart, S. H., & **Sherry, D. L.** “Not so perfect after all: Self-critical perfectionism in romantic relationships and breakups.” *Social Sciences and Humanities Research Council of Canada Insight Grant*. (\$181,400).
- 2013 Sherry, S. B., & **Sherry, D. L.** “Researching depression in Nova Scotians.” *Human Resources and Skills Development Canada: Canada Summer Jobs*.

- (\$1,236). This grant provided funds to support an undergraduate research assistant.
- 2012 **Sherry, D. L.**, & Sherry, S. B. “Researching stress and mental health in Nova Scotians.” *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$1,420). This grant provided funds to support an undergraduate research assistant.
- 2011-2012 Graham, A. R., **Sherry, D. L.**, & Sherry, S. B. “Testing the perfectionism model of binge eating in parent-daughter dyads: An experience sampling study of an at-risk sample.” *Capital Health Research Fund Training Grant*. (\$5,000).
- 2011-2012 **Sherry, D. L.**, Sherry, S. B., & Stewart, S. H. “Health anxiety and healthcare utilization: Using the interpersonal model of health anxiety to understand patterns of frequent healthcare utilization.” *Capital Health Research Fund*. (\$15,000).
- 2010-2013 Sherry, S. B., Antony, M. M., Stewart, S. H., & **Sherry, D. L.** “Perfectionism, conflict, stress, and depression: Testing an integrative biopsychosocial model in a high risk sample.” *Nova Scotia Health Research Foundation Health Research Grant*. (\$150,000).
- 2010-2012 Sherry, S. B., & **Sherry, D. L.** “Perfectionistic concerns, social problems, and depressive feelings in romantic couples.” *Dalhousie University Research Development Fund for the Humanities and Social Sciences*. (\$3,500).
- 2008-2010 Sherry, S. B., Stewart, S. H., & **Sherry, D. L.** (2008) “Perfectionism, rumination, regret, and depression: A four-wave longitudinal study in an at-risk sample.” *Department of Psychiatry Research Fund*. (\$10,000).
- 2003-2004 DeLongis, A., & **Lee-Baggley, D. L.** (2003). Daily assessment of stress and coping. *University of British Columbia Humanities and Social Sciences Research Small Grant Award*. (\$2,280).

Industry Funding (total: \$300,000)

- 2022-2023 Howatt, B., **Lee-Baggley, D. L.** “Psychological Health and Safety in the Workplace during COVID-19: Employee perspective through an inclusion lens”. *Canadian Standards Association*
- 2021-2022 **Lee-Baggley, D. L.** & Howatt, B., “Mental health resources for healthcare workers during COVID-19”. *Health Canada*.
- 2021-2023 Howatt, B., **Lee-Baggley, D. L.** “WSPS Mental Harm Prevention Roadmap”. *WSPS (Work Safety & Prevention Services) Ontario*.
- 2021-2022 Howatt, B., **Lee-Baggley, D. L.** “Psychological Health and Safety in the Workplace: Employer Practices in Response to COVID-19.” *Canadian Standards Association*.
- 2020-2021 Howatt, B., **Lee-Baggley, D. L.** “Insights on the Supply and Demand for Mental Health Programs and Services in Canadian Workplaces”. *Canadian Psychological Association*.

2020-2021 Howatt, B., **Lee-Baggley, D. L.** Helping Employees Build Authentic Connections During COVID: Hugn Authentic Connections App. *Johnston Group*.

PUBLICATIONS AND PRESENTATIONS

Peer-Reviewed Articles (60 total)

1. Waugh, R., Mireault, A., Rothfus, M. A., Gray, M., Mannette, J., Stoneman, S., **Lee-Baggley, D.**, Lengyel, C., Norris, D., Snelgrove-Clarke, E., Joy, P., & Grant, S. (2025). Identifying and mapping Canadian registered dietitians' perceptions and knowledge of and experiences with weight-related evidence: A scoping review. *Canadian Journal of Dietetic Practice and Research*, Vol. 86, Iss. 1, 40-47. <https://doi.org/10.3148/cjdpr-2024-026>
2. Johnson, E., Ismond, K., Hyde, A., Ezekowitz, J., Wright, G., Spiers, J., Spence, J., Thompson, S., McNeely, M.L., Zheng, Y., Round, J., Tymchuk, S., **Lee-Baggley, D.L.**, Isley, S., Corrick, S., Minckler, H., & Tandon, P. (2024). eMPower: An online Mind-body wellness Program for adults living with chronic health conditions: A three-armed randomized controlled trial protocol. *Contemporary Clinical Trials*, 145, 107642.
3. Kim, A. J., Sherry, S. B., Mackinnon, S. P., **Lee-Baggley, D. L.**, Wang, G. A., Stewart, S. H., Antony, M. M., Hahn, C. (2024). When love hurts: Testing the stress generation hypothesis between depressive symptoms, conflict behaviors, and breakup rumination in romantic couples *Journal of Social and Clinical Psychology*, Vol. 43, No. 2, 180–206. <https://doi.org/10.1521/jscp.2024.43.2.180>
4. **Lee-Baggley, D.L.**, Fils-Aime, N., Barakat, M. (2024). Improving implementation of best practices in obesity management: Physician experiences in obesity care. *A Clinical Obesity*. 14(1):e12624. doi:10.1111/cob.12624
5. Waugh, R., Brown, J., Churchill, M., Mannette, J., Stoneman, S., **Lee-Baggley, D.L.**, ... & Grant, S. (2024). Dietitians' Perceptions, Experiences, and Knowledge of Weight Evidence: A Questionnaire. *Canadian Journal of Dietetic Practice and Research*, 85(3), 352-353.
6. Waugh, R., Mireault, A., Rothfus, M., Churchill, M., Mannette, J., Stoneman, S., **Lee-Baggley, D.L.**, ... & Grant, S. (2024). Mapping Canadian Dietitians' Perceptions, Experiences, and Knowledge of Weight-Related Evidence. *Canadian Journal of Dietetic Practice and Research*, 85(3), 209-209.
7. Gilin, D., Anderson, G. G., Etehad, S., **Lee-Baggley, D. L.**, Cooper, A. M., & Preston, R. J. (2023). Impact of a Wellness Leadership Intervention on the Empathy, Burnout, and Resting Heart Rate of Medical Faculty. *Mayo Clinic Proceedings: Innovations, Quality & Outcomes*, 7(6), 545-555. <https://doi.org/10.1016/j.mayocpiqo.2023.09.005>
8. Leckey, J., Dagher, A., & **Lee-Baggley, D. L.** (2023). Using the ACT Matrix to Improve Sleep: A Practical Guide for Implementing The "What" and the "How" of Sleep Hygiene. *Journal of Contextual Behavioral Science*, 30, 142-154. <https://doi.org/10.1016/j.jcbs.2023.10.002>
9. Barley, E. A., Bovell, M., Bennett-Eastley, K., Lee, J. T., **Lee-Baggley, D. L.**, Skene, S. S., Tai, M. Z., Brooks, S., & Scholtz, S. (2023). Addressing a critical need: A randomised controlled feasibility trial of acceptance and commitment therapy for

- bariatric surgery patients at 15–18 months post-surgery. *PLoS ONE* 18(4): e0282849. <https://doi.org/10.1371/journal.pone.0282849>
10. Byrne, A., Cloutier, A., Brykman, K., Gilin, D., Granger, S., McEvoy, A., Carleton, E., Dupre, K., Fleming, M., Francis, L., Hart, T., **Lee-Baggley, D.**, Samosh, D.S., & Turner, N. (2022). Effects of leadership interventions to mitigate burnout during COVID-19. *Conference Proceedings for Academy of Management*, 2022(1), 81. DOI:10.5465/AMBPP.2022.10200symposium
 11. Waugh, R., Mireault A., Rothfus, M. Stoneman, S., **Lee-Baggley, D.L.**, Lengyel, C., Norris, D., Snelgrove-Clarke, E. Joy, P., & Grant, S. (2022). Identifying and Mapping Canadian Registered Dietitians' Perceptions and Knowledge of, and Experiences with, Weight-Related Evidence in Nutrition Care: A Scoping Review Protocol. *Health Populations Journal*. 2(2). DOI: <https://doi.org/10.15273/hpj.v2i2.11462>
 12. Rancourt, K. M., Bergeron, S., Vaillancourt-Morel, M.-P., **Lee-Baggley, D.**, Delisle, I., & Rosen, N. O. (2022). Sexual communication mediates cognitive–behavioral couple therapy outcomes: A randomized clinical trial for provoked vestibulodynia. *Journal of Family Psychology*.
 13. Kim, A. J., Sherry, S. B., Nealis, L. J., Mushquash, A., **Lee-Baggley, D.**, & Stewart, S. H. (2022). Do symptoms of depression and anxiety contribute to heavy episodic drinking? A 3-wave longitudinal study of adult community members. *Addictive Behaviors*, 107295: <https://doi.org/10.1016/j.addbeh.2022.107295>
 14. Smith-MacDonald, L.A., Lusk, J., **Lee-Baggley, D.**, Stuart Bright, K., Laidlaw, A., Both, M., Spencer, S., Cruickshank, E., Pike, A.D., Jones, C., Bremault-Phillips, S. (2022). Companions in the abyss: A feasibility and acceptability study of an online therapy group for healthcare providers working during the COVID-19 pandemic. *Frontiers in Psychiatry*, 12, <https://doi.org/10.3389/fpsy.2021.801680>
 15. Nealis, L.J., Sherry, S.B., **Lee-Baggley, D.L.** (2022). Perfectionism and stressful perseverance in the psychophysiological experience of stress: A 7-day multi-method study. *Journal of Psychopathology and Behavioural Assessment*, 44, 202–213.
 16. Smith, M. M., Sherry, S. B., Ge, S. Y., Hewitt, P. L., Flett, G. L., & **Baggley, D. L.** (2022). Multidimensional perfectionism turns 30: A review of known knowns and known unknowns. *Canadian Psychology/Psychologie canadienne*, 63(1), 16.
 17. **Lee-Baggley, D.**, & Thakrar, S. (2020). Helping patients and health care providers through the COVID-19 pandemic: Empirically based tips and strategies to manage mental and physical health. *Nephrology nursing journal : Journal of the American Nephrology Nurses' Association*, 47(6), 511–572.
 18. Smith, M. M., Sherry, S. B., Hewitt, P. L., Flett, G. L., Hall, P. A., & **Lee-Baggley, D. L.** (2020). The existential model of perfectionism and depressive symptoms: Testing a moderated mediation model in community adults using a one-month two-wave longitudinal design. *Personality and Individual Differences*, 157, 10.1016/j.paid.2020.109826.
 19. Smith, M.M, Sherry, S. B., Ray, C., **Lee-Baggley, D. L.**, Hewitt, P. L., & Flett, G. L. (2020). The existential model of perfectionism and depressive symptoms: Tests of

- unique contributions and mediating mechanisms in a sample of depressed individuals. *Journal of Psychoeducational Assessment*, 38, 112-126.
20. Cotter, L., Scholtz, S., Das, S., Lee, J., **Lee-Baggley, D. L.**, Barley, E. (2019) Feasibility of acceptance and commitment therapy for post-bariatric surgery patients: the FAB study protocol. *International Journal of Clinical Trials, Vol 6, No 4*, 198-200.
 21. Vallis, M. **Lee-Baggley, D.** Sampallia, T., Shepard, D., McIssaac, L., Ryer, A., & Ryan-Carson, S., Manley, S. (2019). Integrating behaviour change counselling into chronic disease management: a square peg in a round hole? A system-level exploration in primary health care. *Public Health*, 175, 43-53.
 22. Vallis, M., **Lee-Baggley, D. L.**, Sampalli, T., Ryer, A., Ryan-Carson, S., Kumanan, K., Edwards, L. (2018). Equipping providers with principles, knowledge and skills to successfully integrate behaviour change counselling into practice: A primary healthcare framework. *Public Health*, 154, 70-78.
 23. Nealis, L. J., Collins, J. L., **Lee-Baggley, D. L.**, Sherry, S. B., & Stewart, S. H. (2017). One of these things is not like the others: Testing trajectories in drinking frequency, drinking quantity, and alcohol-related problems in undergraduate women. *Addictive Behaviors*, 66, 66-69.
 24. Pow, J., **Lee-Baggley, D. L.**, & DeLongis, A. (2017). Who is most likely to seek and give support in the face of agentic and communal threat? The roles of extraversion and agreeableness. *Journal of Research in Personality, Journal of Research in Personality*, 70, 66–72.
 25. Chorney, J., Warren, M., McLaughlin, E., Gillespie, J., **Lee-Baggley, D. L.**, & Vallis, M. T. (2016). Back off, forge ahead or play the long game: The ethics of working with adolescents who “aren’t ready.” *Clinical Practice in Pediatric Psychology*, 4, 318-328.
 26. Nealis, L. J., Sherry, S. B., **Sherry, D. L.**, Stewart, S. H., & Macneil, M. A. (2016). Revitalizing narcissistic perfectionism: Evidence of the reliability and validity of an emerging construct. *Journal of Psychopathology and Behavioral Assessment*, 38, 493–504.
 27. Piccinini-Vallis, H., **Lee-Baggley, D. L.**, Stewart, M., & Ryan, B. L. (2016). Gestational weight gain trajectories in primary care. *Canadian Family Physician*, 62, e407-e414.
 28. Pow, J., **Lee-Baggley, D. L.**, & DeLongis, A. (2016). Threats to communion and agency mediate associations between stressor type and daily coping. *Anxiety, Stress and Coping*, 29, 660-672.
 29. Gautreau, C. M., Sherry, S. B., **Sherry, D. L.**, Birnie, K. A., Mackinnon S. P., & Stewart, S. H. (2015). Does health-related catastrophizing maintain health-related worry? A 14-day daily diary study with longitudinal follow-up. *Behavioural and Cognitive Psychotherapy*, 43, 502-512.
 30. Nealis, L. J., Sherry, S. B., MacNeil, M. A., **Sherry, D. L.**, & Stewart, S. H. (2015). Toward a better understanding of narcissistic perfectionism: Evidence of factorial validity, incremental validity, and mediating mechanisms. *Journal of Research in Personality*, 57, 11-25.

31. **Sherry, D. L.**, Sherry, S. B., Hewitt, P. L., Mushquash, A., & Flett, G. L. (2015). The existential model of perfectionism and depressive symptoms: Tests of incremental validity, gender differences, and moderated mediation. *Personality and Individual Differences, 76*, 104-110.
32. **Sherry, D. L.**, Sherry, S. B., Vincent, N. A., Stewart, S. H., Hadjistavropoulos, H. D., Doucette, S., & Hartling, N. (2014). Anxious attachment and emotional instability interact to predict health anxiety: An extension of the interpersonal model of health anxiety. *Personality and Individual Differences, 56*, 89-94.
33. Sherry, S. B., Gautreau, C. M., Mushquash, A. R., **Sherry, D. L.**, & Allen, S. L. (2014). Self-critical perfectionism confers vulnerability to depression after controlling for neuroticism: A longitudinal study of middle-aged, community-dwelling women. *Personality and Individual Differences, 69*, 1-4.
34. Sherry, S. B., Gralnick, T. G., Hewitt, P. L., **Sherry, D. L.**, & Flett, G. L. (2014). Perfectionism and narcissism: Testing unique relationships and gender differences. *Personality and Individual Differences, 61-62*, 52-56.
35. Sherry, S. B., Richards, J. E., **Sherry, D. L.**, & Stewart, S. H. (2014). Self-critical perfectionism is a vulnerability factor for depression but not anxiety: A 12-month, 3-wave, longitudinal study. *Journal of Research in Personality, 52*, 1-5.
36. Sherry, S. B., **Sherry, D. L.**, Macneil, M. A., Smith, M. M., Mackinnon, S. P., Stewart, S. H., & Antony, M. M. (2014). Does socially prescribed perfectionism predict daily conflict? A 14-day daily diary study of romantic couples using self- and partner-reports. *Personality and Individual Differences, 61-62*, 24-27.
37. Birnie, K. A., Sherry, S. B., Doucette, S., **Sherry, D. L.**, Hadjistavropoulos, H. D., & Stewart, S. H. (2013). The interpersonal model of health anxiety: Testing predicted paths and model specificity. *Personality and Individual Differences, 54*, 856-861.
38. Mushquash, A. R., Sherry, S. B., **Sherry, D. L.**, & Allen, S. L. (2013). Latent self-oriented and socially prescribed perfectionism: Tests of factorial, convergent, and discriminant validity using self- and informant reports. *Personality and Individual Differences, 54*, 640-646.
39. Mushquash, A. R., Stewart, S. H., Sherry, S. B., Mackinnon, S. P., Antony, M. M., & **Sherry, D. L.** (2013). Heavy episodic drinking among dating partners: A longitudinal actor-partner interdependence model. *Psychology of Addictive Behaviors, 27*, 178-183.
40. Mushquash, A. R., Stewart, S. H., Sherry, S. B., **Sherry, D. L.**, Mushquash, C. J., & MacKinnon, A. L. (2013). Depressive symptoms are a vulnerability factor for heavy episodic drinking: A short-term, four-wave longitudinal study of undergraduate women. *Addictive Behaviors, 38*, 2180-2186.
41. Sherry, S. B., MacKinnon, A. L., Fossum, K., Antony, M. M., Stewart, S. H., **Sherry, D. L.**, Nealis, L. J., & Mushquash, A. R. (2013). Perfectionism, discrepancies, and depression: Testing the perfectionism social disconnection model in a short-term, four-wave longitudinal study. *Personality and Individual Differences, 54*, 692-697.
42. Sherry, S. B., Nealis, L. J., Macneil, M. A., Stewart, S. H., **Sherry, D. L.**, & Smith, M. M. (2013). Informant reports add incrementally to the understanding of the

- perfectionism-depression connection: Evidence from a prospective longitudinal study. *Personality and Individual Differences*, 54, 957-960.
43. Mackinnon, S. P., Sherry, S. B., Antony, M. M., Stewart, S. H., **Sherry, D. L.**, & Hartling, N. (2012). Caught in a bad romance: Perfectionism, conflict and depression in romantic relationships. *Journal of Family Psychology*, 26, 215-225.
 44. McGrath, D. S., Sherry, S. B., Stewart, S. H., Graham, A. R., Allen, S. L., Nealis, L. J., & **Sherry, D. L.** (2012). Reciprocal relations between self-critical perfectionism and depressive symptoms: Evidence from a short-term, four-wave longitudinal study. *Canadian Journal of Behavioural Science*, 44, 169-181.
 45. Roxborough, H. M., Hewitt, P. L., Kaldas, J., Flett, G. L., Caelian, C. F., Sherry, S. B., & **Sherry, D. L.** (2012). Perfectionistic self-presentation, socially prescribed perfectionism, and suicide in youth: A test of the perfectionism social disconnection model. *Suicide and Life-Threatening Behavior*, 42, 217-233.
 46. Sherry, S. B., Hewitt, P. L., Stewart, S. H., MacKinnon, A. L., Mushquash, A. R., Flett, G. L., & **Sherry, D. L.** (2012). Social disconnection and hazardous drinking mediate the link between perfectionistic attitudes and depressive symptoms. *Journal of Psychopathology and Behavioral Assessment*, 34, 370-381.
 47. Fitzpatrick, S., Sherry, S. B., Hartling, N., Hewitt, P. L., Flett, G. L., & **Sherry, D. L.** (2011). Narcissism, perfectionism, and interest in cosmetic surgery. *Plastic and Reconstructive Surgery*, 127, 176e-177e.
 48. Mackinnon, S. P., Sherry, S. B., Graham, A. R., Stewart, S. H., **Sherry, D. L.**, Allen, S. L., Fitzpatrick, S., & McGrath, D. S. (2011). Reformulating and testing the perfectionism model of binge eating: A short-term, three-wave longitudinal study. *Journal of Counseling Psychology*, 58, 630-646.
 49. Graham, A. R., Sherry, S. B., Stewart, S. H., **Sherry, D. L.**, McGrath, D. S., Fossum, K., & Allen, S. L. (2010). The existential model of perfectionism and depressive symptoms: A short-term, four-wave longitudinal study. *Journal of Counseling Psychology*, 57, 423-438.
 50. Sherry, S. B., Hewitt, P. L., **Sherry, D. L.**, Flett, G. L., & Graham, A. R. (2010). Perfectionism dimensions and research productivity in psychology professors: Implications for understanding the (mal)adaptiveness of perfectionism. *Canadian Journal of Behavioural Science*, 42, 273-283.
 51. Puterman, E., DeLongis, A., **Lee-Baggley, D. L.**, & Greenglass, E. (2009). Coping and health behaviors in times of global health crises: Lessons from SARS and West Nile. *Global Public Health*, 4, 69-81.
 52. Sherry, S. B., Vriend, J. L., Hewitt, P. L., **Sherry, D. L.**, Flett, G. L., & Wardrop, A. A. (2009). Perfectionism dimensions, appearance schemas, and body image disturbance in community members and university students. *Body Image*, 6, 83-89.
 53. Hewitt, P. L., Habke, M., **Lee-Baggley, D. L.**, Sherry, S. B., & Flett, G. L. (2008). The impact of perfectionistic self-presentation on the cognitive, affective, and physiological experience of a clinical interview. *Psychiatry: Interpersonal and Biological Processes*, 71, 93-122.
 54. Sherry, S. B., Hewitt, P. L., Flett, G. L., & **Lee-Baggley, D. L.** (2007). Perfectionism and undergoing cosmetic surgery. *European Journal of Plastic Surgery*, 29, 349-

- 354.
55. Sherry, S. B., Hewitt, P. L., Flett, G. L., **Lee-Baggley, D. L.**, & Hall, P. A. (2007). Trait perfectionism and perfectionistic self-presentation in personality pathology. *Personality and Individual Differences, 42*, 477-490.
 56. Sherry, S. B., **Lee-Baggley, D. L.**, Hewitt, P. L., & Flett, G. L. (2007). Perfectionism as a contraindication for cosmetic surgery: A reply to Clodius (2007). *European Journal of Plastic Surgery, 29*, 357-359.
 57. **Lee-Baggley, D. L.**, Preece, M., & DeLongis, A. (2005). Coping with interpersonal stress: Role of Big Five traits. *Journal of Personality, 73*, 1141-1180.
 58. Sherry, S. B., Hewitt, P. L., **Lee-Baggley, D. L.**, Flett, G. L., & Besser, A. (2005). Perfectionism and interest in cosmetic surgery. *Plastic & Reconstructive Surgery, 115*, 1806-1807.
 59. **Lee-Baggley, D. L.**, DeLongis, A., Voorhoeave, P., & Greenglass, E. (2004). Coping with the threat of SARS: The role of threat appraisals and coping responses in health behaviours. *Asian Journal of Social Psychology, 7*, 9-24.
 60. Sherry, S. B., Hewitt, P. L., **Lee-Baggley, D. L.**, Flett, G. L., & Besser, A. (2004). Perfectionism and thoughts about having cosmetic surgery performed. *Journal of Applied Biobehavioral Research, 9*, 244-257.

Scholarly Presentations² (155 total)

1. **Lee-Baggley, D.L.** & Pizzo, R. (2025, July). "Building resilient teams: How to use the Matrix to Manage Conflict and Create Psychological Safety" Workshop for the 2025 World Conference, Association for Contextual Behavioral Science, New Orleans, USA.
2. **Lee-Baggley, D.L.** (2025, April). *Beyond self-care: Science-based skills to recover from and prevent burnout*. Invited. Tri-Territorial Health and Social Professionals Conference, Yukon. (Invited)
3. **Lee-Baggley, D.L.** (2025, April). *Creating Effective Partnership with Patients: The Art and Science of Chronic Disease Management*. Plenary. Tri-Territorial Health and Social Professionals Conference, Yukon. (Plenary)
4. **Lee-Baggley, D.L.** (June 2024). *Supporting behaviour change in obesity care: Evidence-based tools for busy healthcare professionals*. Keynote address. 12th BC Obesity Society Conference, Vancouver, BC.
5. **Lee-Baggley, D.L.** (June 2024). *Supporting the Mental Health of Stroke Patients*. 2024 Provincial Stroke Conference: "Across the Continuum and Beyond" by the Heart and Stroke Foundation of New Brunswick (HSFNB), virtual.
6. **Lee-Baggley, D.L.**, Chapelsky, S. & Pearce, N. (May 2024). *Navigating Body Image and Weight in Menopause: A Compassionate Approach*. European Congress of Obesity, Venice, Italy.
7. **Lee-Baggley, D.L.** (May 2024). *The Burnout Burger: The Role of Psychology Health and Safety in Preventing Burnout in the workplace*. Keynote address. Lancaster

² Published abstracts are indicated with a star (*).

- House's 2024 Atlantic Labour Law Conference: Current practices, emerging trends, Halifax, NS.
8. **Lee-Baggley, D.L.** (April 2024). *Addressing Chronic Disease and Obesity in the Workplace: Evidence-based strategies for employee and organizational success*. Obesity and Hypertension in Canada Conference, Banff, AB.
 9. **Lee-Baggley, D.L.** (April 2024). *How to help your patients quit smoking*. Office of Lifelong Learning, Faculty of Medicine, University of Alberta, virtual.
 10. **Lee-Baggley, D.L.**, Gilin, D., & Cooper, A. (November 2023). *Wellness Leadership Program Empirically Supported Leadership Training To Improve Individual Well-Being And Make System Level Changes*. Canadian Conference on Physician Health, Montreal, QC.
 11. **Lee-Baggley, D.L.** (October, 2023). *Mental Health and Women* (2023, Oct). Vascular Conference, Ottawa, ON.
 12. Fung, K., Kurumiya, Y., Lim, E., Robb, H., & **Lee-Baggley, D.L.** (2023, July). "Hybrid East Asian and Western Perspectives on ACT" Asian Culture and CBS SIG Sponsored Panel for the 2023 World Conference, Association for Contextual Behavioral Science, Cyprus.
 13. Forhan, M., **Lee-Baggley, D. L.**, Manjoo, P., & Santosa, S. (2023, May). "Women in Science" Panel for the Canadian Obesity Summit by the Obesity Canada, Whistler, British Columbia, Canada.
 14. **Lee-Baggley, D. L.** & Lyon, M. (2023, May). "Enhancing Weight Management by Applying the Science of Behaviour Change to Improve Sleep Habits" Workshop for the Canadian Obesity Summit by the Obesity Canada, Whistler, British Columbia, Canada.
 15. Wnuk, S., **Lee-Baggley, D. L.**, & Sandre, D. (2023, May). "Advances and updates in Mindfulness and Acceptance-Based Behavioural Interventions for Weight Loss and Weight Maintenance" Workshop for the Canadian Obesity Summit by the Obesity Canada, Whistler, British Columbia, Canada.
 16. Byrne, A, Cloutier, A., Brykman, K., Gilin, D., Granger, S., McEvoy, A., Carleton, E., Dupre, K., Fleming, M., Francis, L., Hart, T., **Lee-Baggley, D.**, Samosh, D.S., & Turner, N. (August, 2022). Effects of leadership interventions to mitigate burnout during COVID-19. Presentation within the symposium "Employee mental health: The impact on working lives" at the Academy of Management annual conference, Seattle, WA.
 17. Etezad, S., Gilin, D., **Lee-Baggley, D.**, Preston, R., & Cooper, A. (June, 2022). Wellness Leadership: An intervention to prevent physician burnout post COVID-19 pandemic. Presentation in I/O Psychology at the Canadian Psychological Association annual conference, Calgary, Canada.
 18. Lillis, J., Quinn Siefel, K., **Lee-Baggley, D.**, Freedman, P. (2022, June). In Michael Levin (Chair), *A contextual behavioral perspective on eating, body image, and weight concerns*. Panel presented at the 2022 World Conference, Association for Contextual Behavioral Science, San Francisco, CA.
 19. Gilin, D., **Lee-Baggley, D.**, Fleming, M., & Francis, L. (June, 2021). Burnout Recovery: Results of a longitudinal leadership and self-care intervention on front line workers during COVID-19. Presentation within the symposium "The critical

- importance of leadership during COVID-19: Mitigating effects on employees' mental health, psychological safety, and burnout" at the Canadian Psychological Association annual conference, Virtual.
20. **Lee-Baggley, D.**, Presti, G., Borges, L., Ebert, B., Lemon, J. (2021, June). In K. Dalrymple (Chair), *ACT and Chronic Health Conditions: Opportunities, Challenges, and Future Directions*. Panel presented at the 2021 World Conference, Association for Contextual Behavioral Science, online.
 21. Arch, J., Karekla, M., **Lee-Baggley, D.**, Dindo, L. (2021, June). In M. Donahue (Chair), *Lessons we're learning from COVID: How CBS and Prosocial principles help us support healthcare workers post pandemic*. Panel presented at the 2021 World Conference, Association for Contextual Behavioral Science, online.
 22. Bilsbury, T. & **Lee-Baggley, D. L.** (2020, July). A pilot test of the effectiveness of a behaviour-change training intervention with nephrology nurses. Poster presented at the 81st Canadian Psychological Association Annual National Convention, Montréal, Quebec, Canada.
 23. **Lee-Baggley, D.L.**, Shepherd, T., Vincent, N., & Thakrar, S. (2019, June). "Increasing access to obesity management services: Results from a pilot study of a telephone coaching program using Acceptance and Commitment Therapy for post-bariatric surgery patients". ACBS World Conference. Dublin, Ireland.
 24. **Lee-Baggley, D.L.** (2020). "Evidence Based Team Building for Interprofessional Collaboration in Primary Care". Integrated Care Conference, Philadelphia, PA.
 25. **Lee-Baggley, D.L.**, Owen, R., & Kemp, J. (2019, June). "ACT for physical illness: Living with uncertainty, living with purpose: ACT for Health SIG & Atlantic Canada Chapter Sponsored Workshop". ACBS World Conference. Dublin, Ireland.
 26. McIntosh, R., Morris, E., Bolderston, H., **Lee-Baggley, D.L.**, Gillard D., & Donnelly, O. (2019, June). "Delivering ACT in workplace settings: Adaptations, recommendations, and challenges". Panel for ACBS World Conference. Dublin, Ireland.
 27. **Lee-Baggley, D.L.**, (2019, June). "Innovations in assessment, treatment, and delivery for chronic health conditions". Symposium chair at Canadian Psychological Association National Convention, Halifax, NS.
 28. Vincent, N., **Lee-Baggley, D.L.** (2019, June). "Implementation science: Training healthcare providers in behaviour change skills." Symposium at Canadian Psychological Association National Convention, Halifax, NS.
 29. Shepherd, T., Atwood, M., & **Lee-Baggley, D.L.** (2019, June). "Increasing access to obesity management interventions: A pilot study." Symposium at Canadian Psychological Association National Convention, Halifax, NS.
 30. Thakrar, S., **Lee-Baggley, D.L.** (2019, June). "Validation of the chronic disease distress scale to measure the emotional impact of chronic disease". Symposium at Canadian Psychological Association National Convention, Halifax, NS.
 31. Thakrar, S. & **Lee-Baggley, D.L.**, (2019, June). "The art and science of Acceptance and Commitment Therapy for chronic health conditions". Workshop for Canadian Psychological Association National Convention, Halifax, NS.

32. **Lee-Baggley, D. L.** (2019, May). "Sustained health behaviour changes: examination of Acceptance and Commitment Therapy in the treatment of obesity". Presentation at the Canadian Obesity Weekend: Canadian Association of Bariatric Physicians and Surgeons". Toronto, ON.
33. **Lee-Baggley, D. L.**, Vincent, N., Thakrar, S., Shepherd, T., Haley, J. (2019, May). "Implementation science: Training healthcare providers in obesity management". Presentation at the Canadian Obesity Weekend: Canadian Association of Bariatric Physicians and Surgeons". Toronto, ON.
34. **Lee-Baggley, D. L.** (2019, May). "Supporting chronic disease self-management: Understanding and assessing readiness". Presentation for 2019 Canadian Society of Nephrology AGM -- CANA Summit, Montreal, QC.
35. Campbell-Scherer, D., Jay, M., Iyer, S., Abraham, R., Klein, D., Lofton, H., Cameron, E., Koryzma, C., Langois, M., McPherson, A., Pramyothin, P., **Lee-Baggley, D.L.**, Vallis, M., Shiau, J., Hong, A., Wicklum, S., McPherson, A., & Hadjiyannakis, S. (2019, April). "Advancing obesity prevention and management through education and collaboration: Efforts of an international coalition". Workshop for Canadian Obesity Summit, Ottawa, ON.
36. **Lee-Baggley, D. L.**, & Wnuk, S. (2019, April). "Mindfulness and acceptance based behavioural interventions for weight loss and weight maintenance". Workshop for Canadian Obesity Summit, Ottawa, ON.
37. **Lee-Baggley, D. L.**, Van, S., Elia, S., McIntyre, R. S. & Wharton, S. (2019, April). "Neurobiology of appetite regulation; Leveraging pharmacotherapy and behavioural therapy in weight management". Symposium for Canadian Obesity Summit, Ottawa, ON.
38. **Lee-Baggley, D. L.**, & Grant, S (2019, April). "Obesity as a Chronic Disease: Listening to the Voices of Individuals Living with Obesity". Presentation for Canadian Obesity Summit, Ottawa, ON.
39. **Lee-Baggley, D. L.**, Vincent, N., Shepherd, T., & Thakrar, S. (2019, April). "Measuring and Enhancing Readiness in Healthcare Providers in Obesity and Chronic Disease Management". Presentation for Canadian Obesity Summit, Ottawa, ON.
40. **Lee-Baggley, D. L.**, Day, A. L., Ivany, M. & Vincent, N. (2018, July). "Helping workers with chronic health conditions: Results from an ACT based telephone coaching intervention." In D. Gillanders (Chair), *Conceptual, empirical and pragmatic innovations in the contextual behavioural science of thriving with a long-term health condition*. Symposium presented at the 2018 World Conference, Association for Contextual Behavioral Science, Montreal, QC.
41. **Lee-Baggley, D. L.** Discussant. (2018, July). In R. Sonia Singh (Chair), *The Value of Health: Utilizing ACT to Promote Flexibility and Well-Being in Primary Care and Health-related Settings*. Symposium conducted at the 2018 World Conference, Association for Contextual Behavioral Science, Montreal, QC.
42. **Lee-Baggley, D. L.**, Silbersein-Tirch, L. R., House, A., Gobin, R. L., & Martin, S. (2018, July). "#MeToo movement: What contextual sciences can, and are doing, to contribute to the issue of sexual assault and harassment." Panel presented at the

- 2018 World Conference, Association for Contextual Behavioral Science, Montreal, QC.
43. Bartel, S. J., Sherry, S. B., Nealis, L. J., **Lee-Baggley, D. L.**, & Stewart, S. H. Drinking frequency, drinking quantity, and alcohol-related problems as trait-states: A 4-wave, 18-month longitudinal study of female undergraduates. Poster presented at Psychiatry Research Day, 2017: Halifax NS.
 44. **Lee-Baggley, D. L.** (2017, June). "ACT for obesity: Clinical techniques and research outcomes" In D. Gillanders (Chair), *Same Technology, Different Delivery: Varieties of Formats of ACT Interventions for Chronic Health Problems*. Symposium conducted at the 2017 World Conference, Association for Contextual Behavioral Science, Seville, Spain.
 45. **Lee-Baggley, D. L.**, Lillis, J., Owen, R. (2017, June). "Health Behavior Change: How to use RFT Principles and ACT Interventions to Change Habits" In D. Lee-Baggley (Chair), *ACT Interventions for Health Problems*. Symposium conducted at the 2017 World Conference, Association for Contextual Behavioral Science, Seville, Spain.
 46. Day, A., **Lee-Baggley, D.L.**, & Helson, T. (2017, May). *ACTing to Improve Well-Being and Reduce Strain*. Paper presented at the 2017 European Association for Work and Occupational Psychology Conference, Dublin, Ireland.
 47. **Lee-Baggley, D. L.** (2016, October). *The Use of Compassion in the Treatment of Obesity*. In S. Kirk (Chair), Moving Beyond BMI: Does a Focus on Childhood Obesity Help or Harm Our Children? Symposium conducted at the 2016 Canadian Association of Pediatric Health Centres., Halifax, NS.
 48. **Lee-Baggley, D. L.**, Chorney, J., & Day, A. (2016, June). *Professional Resiliency Program for Healthcare Providers*. In **D. L. Lee-Baggley** (Chair), Helping the helpers: ACT interventions for healthcare providers. Symposium conducted at the 2016 World Conference, Association for Contextual Behavioral Science, Seattle, WA.
 49. **Lee-Baggley, D. L.** (2016, June). When the desire to help goes astray: Using ACT to help physicians and nurses not work harder than their patients. Ignite Session conducted at the 2016 World Conference, Association for Contextual Behavioral Science, Seattle, WA.
 50. **Lee-Baggley, D. L.** (2016, June). "*Dealing with challenging patients*". Invited presentation at Dialysis Education Rounds, Halifax, Nova Scotia, Canada.
 51. **Lee-Baggley, D. L.** (2016, June). "*How to Get Patients Out of Bed and Back to Their Lives after Transplant: A Motivational Perspective*". Invited presentation at MOTP Education Day, Halifax, Nova Scotia, Canada.
 52. Cohen, J., **Lee-Baggley, D. L.**, & Whitehorn, D. (2016, April). *An introduction to third Wave Cognitive Behaviour Therapist: Acceptance and Commitment Therapy, Dialectical Behaviour Therapy and Mindfulness-Based Approaches*. Invited presentation at XXVII W. O. McCormick Academic Day, Halifax, Nova Scotia, Canada.
 53. **Lee-Baggley, D. L.** (2016, March). "*Assessing Suitability for Transplant from a Psychological Perspective: A Case Study*" Presentation for Dalhousie University

- Department of Psychology and Neuroscience, Clinical Rounds/Case Conference, Halifax, Nova Scotia, Canada.
54. **Lee-Baggley, D. L.** (2016, January). "*Professional Resilience & Acceptance and Commitment Therapy (ACT) in the Workplace*". LEARN speaker series, Saint Mary's University, Halifax, Nova Scotia, Canada.
 55. Piccinini, H., **Sherry, D. L.**, Stewart, M., & Bridget, R. (2015, May). *Gestational Weight Gain Trajectories In Nova Scotia Primary Care*. Presentation for Dalhousie University Department of Family Medicine Grand Rounds.
 56. Piccinini, H., **Sherry, D. L.**, Stewart, M., & Bridget, R. (2015, April). *Management of Gestational Weight Gain in Primary Care*. Toronto. Invited plenary keynote presentation. Canadian Obesity Summit, Toronto, ON.
 57. Pow, J., **Sherry, D. L.**, & DeLongis, A. (2015, May). *Daily coping with a focus on self and other: The role of stressor type, appraisals, and the big five*. Poster presented at the American Psychological Association, New York, NY.
 58. Collins, J. L., Sherry, S. B., **Sherry, D. L.**, & Stewart, S. H. (2014, June). *How stable are frequency of, quantity of, and problems with alcohol use in undergraduates? A 4-wave, 18-month longitudinal study*. Poster session presented at the 37th Annual Research Society on Alcoholism Meeting, Bellevue, WA, U.S.A.
 59. Ramasubbu, C., Sherry, S. B., Gautreau, C. M., **Sherry, D. L.**, Nealis, L. J., Hadjistavropoulos, H. D., & Stewart, S. H. (2014, May). *Do catastrophizing of bodily sensations and health-related reassurance-seeking maintain health-related anxiety? Evidence from a 28-day daily diary study with longitudinal follow-up*. Poster session presented at the Canadian Association of Cognitive and Behavioural Therapies Meeting, Halifax, Nova Scotia, Canada.
 60. Ramasubbu, C., Sherry, S. B., Gautreau, C. M., **Sherry, D. L.**, Nealis, L. J., Hadjistavropoulos, H. D., & Stewart, S. H. (2014, April). *Do catastrophizing of bodily sensations and health-related reassurance-seeking maintain health-related anxiety?* Paper presented at the 40th Annual In-House Conference of the Department of Psychology and Neuroscience, Dalhousie University, Halifax, Nova Scotia, Canada.
 61. Collins, J. L., Sherry, S. B., **Sherry, D. L.**, & Stewart, S. H. (2013, March). *How stable are frequency of, quantity of, and problems with alcohol use in undergraduates? A 4-wave, 18-month longitudinal study*. Paper presented at Crossroads: An Interdisciplinary Health Research Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
 62. Collins, J. L., Sherry, S. B., **Sherry, D. L.**, & Stewart, S. H. (2013, November). *How stable are frequency of, quantity of, and problems with alcohol use in undergraduates? A 4-wave, 18-month longitudinal study*. Paper presented at the 47th Annual Association for Behavioral and Cognitive Therapies Convention, Nashville, TN, U.S.A.
 63. Collins, J. L., Sherry, S. B., **Sherry, D. L.**, & Stewart, S. H. (2013, June). *How stable are frequency of, quantity of, and problems with alcohol use in undergraduates? A 4-wave, 18-month longitudinal study*. Poster session presented at the 4th Annual West Coast Symposium on Addictive Disorders, La Quinta, CA, U.S.A.

64. *Gautreau, C., Sherry, S. B., Stewart, S. H., **Sherry, D. L.**, & Mackinnon, S. P. (2013, June). *Does catastrophizing maintain health-related worry? A 14-day daily diary study*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
65. *Gralnick, T. M., Sherry, S. B., Mushquash, C. J., **Sherry, D. L.**, Hewitt, P. L., & Flett, G. L. (2013, June). *Perfectionism and suicide: A meta-analysis*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
66. Macneil, M. A., Sherry, S. B., Mushquash, A. R., Antony, M. M., Stewart, S. H., & **Sherry, D. L.** (2013, January). *Perfectionists don't play nicely with others: Perfectionism, conflict and depression in a 7-day, 14-occasion experience sampling study*. Poster session presented at the Society for Personality and Social Psychology 2013 Convention, New Orleans, LA, U.S.A.
67. *Nealis, L. J., Sherry, S. B., Macneil, M. A., Stewart, S. H., & **Sherry, D. L.** (2013, June). *Self- and informant reports of narcissistic perfectionism predict changes in hostility*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
68. *Sherry, S. B., Hall, P. A., & **Sherry, D. L.** (2013, June). *Perfectionism, difficulty accepting the past, and depression: A 2-wave longitudinal study of community members*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
69. Smith, M., Sherry, S. B., Mackinnon, S. P., Stewart, S. H., **Sherry, D. L.**, & Antony, M. M. (2013, July). *The relationship between neuroticism and perfectionistic discrepancies: A longitudinal actor-partner interdependence model*. Poster session presented at the International Society for the Study of Individual Differences Annual Conference, Barcelona, Spain.
70. *Smith, M., Sherry, S. B., Macneil, M. A., **Sherry, D. L.**, Mackinnon, S. P., Antony, M. M., & Stewart, S. H. (2013, June). *Does socially prescribed perfectionism predict daily conflict? A 14-day diary study of romantic couples using self- and partner reports*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
71. *Kaldas, J., Roxborough, H. M., Hewitt, P. L., Flett, G. L., Caelian C. M., Sherry, S. B., & **Sherry, D. L.** (2012, June). *Perfectionistic self-presentation, socially prescribed perfectionism, and suicide in youth: A test of the perfectionism social disconnection model*. Poster session presented at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
72. MacKinnon, A. L., Sherry, S. B., Antony, M. M., Fossum, K., Graham, A. R., McGrath, D. S., Nealis, L. J., **Sherry, D. L.**, & Stewart, S. H. (2012, January). *Testing the social disconnection model in a short-term, four-wave longitudinal study*. Poster session presented at the Society for Personality and Social Psychology 2012 Convention, San Diego, CA, U.S.A.
73. MacLean, S., Macneil, M. A., Sherry, S. B., Nealis, L. J., Stewart, S. H., **Sherry, D. L.**, & Smith, M. (2012, November). *Informant reports add incrementally to understanding of the perfectionism-depression connection: Evidence from a*

- longitudinal study*. Poster session presented at the Psychiatry Research Day 2012, Dalhousie University, Halifax, Nova Scotia, Canada.
74. Macneil, M. A., Mushquash, A. R., Sherry, S. B., Stewart, S. H., Mackinnon, S. P., Antony, M. M., & **Sherry, D. L.** (2012, April). *Heavy episodic drinking among dating partners: A longitudinal actor-partner interdependence model*. Paper presented at the 38th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 75. *Mushquash, A. R., Stewart, S. H., Sherry, S. B., **Sherry, D. L.**, MacKinnon, A. L., Alexander, S., & Mushquash, C. J. (2012, June). *Depressive symptoms and heavy episodic drinking in university women: A four-wave longitudinal study*. Poster session presented at the Canadian Psychological Association Annual 2012 Convention, Halifax, Nova Scotia, Canada.
 76. *Mushquash, A. R., Stewart, S. H., Sherry, S. B., Mackinnon, S. P., Antony, M. M., & **Sherry, D. L.** (2012, June). *Heavy episodic drinking among dating partners: A longitudinal actor-partner interdependence model*. Poster session presented at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
 77. Nealis, L. J., MacNeil, M. A., Smith, M., MacLean, S., Ramasubbu, C., & **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2012, April). *Narcissistic perfectionism: A framework for understanding grandiose, entitled, demanding, and critical people*. Paper presented at the 38th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 78. *Nealis, L. J., Macneil, M. A., Smith, M., MacLean, S., Ramasubbu, C., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2012, June). Revitalizing the narcissistic perfectionism construct. In S. B. Sherry (Chair), *Perfectionists don't play nicely with others: Understanding, assessing, and treating perfectionists and their interpersonal problems*. Symposium conducted at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
 79. Sherry, S. B., Mackinnon, S. P., Mushquash, A. R., & **Sherry, D. L.** (2012, July). *Why do perfectionists binge eat? Evidence from longitudinal and experience sampling designs*. Paper presented at Further Advances in Perfectionism Research, York St John University, York, England.
 80. Smith, M., Sherry, S. B., Mackinnon, S. P., Stewart, S. H., **Sherry, D. L.**, Antony, M. M., & Hartling, N. (2012, May). *Is neuroticism a risk factor for perfectionism? A longitudinal actor-partner interdependence model*. Paper presented at the 36th Annual Science Atlantic Undergraduate Psychology Conference, Acadia University, Wolfville, Nova Scotia, Canada.
 81. *Smith, M., Sherry, S. B., Mackinnon, S. P., Stewart, S. H., **Sherry, D. L.**, Antony, M. M., & Hartling, N. (2012, June). *Is neuroticism a source trait for perfectionism? A longitudinal actor-partner interdependence model*. Poster session presented at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
 82. *Fitzpatrick, S., Hartling, N., Sherry, S. B., Hewitt, P. L., Flett, G. L., & **Sherry D. L.** (2011, June). *Perfectionism and interest in cosmetic surgery*. Poster session

- presented at the Canadian Psychological Association 2011 Convention, Toronto, Ontario, Canada.
83. Mackinnon, S. P., Sherry, S. B., Graham, A. R., Stewart, S. H., **Sherry, D. L.**, Allen, S. L., Fitzpatrick, S., & McGrath, D. S. (2011, April). *The perfectionism model of binge eating: A self-perpetuating cycle*. Paper presented at the 37th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 84. ***Mackinnon, S. P., Sherry, S. B., Stewart, S. H., Antony, M. M., Sherry, D. L., & Hartling, N.** (2011, June). Self-critical perfectionism, abrasiveness, and depressive symptoms: An actor-partner interdependence model. In S. B. Sherry (Chair), *Perfectionism and depression: New theory and evidence relevant to clinical practice*. Symposium conducted at the Canadian Psychological Association 2011 Convention, Toronto, Ontario, Canada.
 85. **Sherry, D. L., & Sherry, S. B.** (2011, November). *The perfectionism model of binge eating*. Paper presented at the QEII Continuing Education Series for Psychology, QEII Health Sciences Centre, Halifax, Nova Scotia, Canada.
 86. Sun, M., Graham, A. R., Allen, S. L., Bordman, Z., Lapp, M., Harris, B., Kinden, R., Stevens, K., **Sherry, D. L., & Sherry, S. B.** (2011, October). *Studying other-oriented perfectionism using self- and informant reports: Do mothers and daughters agree?* Poster session presented at the Psychiatry Research Day 2011, Dalhousie University, Halifax, Nova Scotia, Canada.
 87. *Allen, S. L., Graham, A. R., McGrath, D., Breen, E. K., Tonet, J., **Sherry, D. L., Stewart, S. H., & Sherry, S. B.** (2010, August). *The existential model of perfectionism and depressive symptoms*. Poster session presented at the American Psychological Association 2010 Convention, San Diego, CA, U.S.A.
 88. Allen, S. L., Mackinnon, S. P., Graham, A. R., Tonet, J. T., Breen, E. K., McGrath, D. S., **Sherry, D. L., Stewart, S. H., & Sherry, S. B.** (2010, May). *Refining and extending the perfectionism model of binge eating: A 4-wave, 28-day longitudinal study*. Poster session presented at the 34th Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Saint Francis Xavier University, Antigonish, Nova Scotia, Canada.
 89. Fitzpatrick, S., Mackinnon, S. P., Hartling, N., Allen, S. L., Orchard, B., Miller, K., Stewart, S. H., **Sherry, D. L., & Sherry, S. B.** (2010, April). *Understanding the origins and the consequences of perfectionistic demands in romantic relationships*. Poster session presented at the 36th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 90. Fitzpatrick, S., Mackinnon, S. P., Hartling, N., Orchard, B., Allen, S. L., Miller, K., Stewart, S. H., **Sherry, D. L., & Sherry, S. B.** (2010, May). *The social disconnection model: A common fate perspective*. Poster session presented at the 34th Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Saint Francis Xavier University, Antigonish, Nova Scotia, Canada.
 91. Fitzpatrick, S., Sherry, S. B., Hartling, N., Hewitt, P. L., Flett, G. L., & **Sherry, D. L.** (2010, October). *Narcissism, perfectionism, and interest in cosmetic surgery*.

- Poster session presented at Psychiatry Research Day 2010, Dalhousie University, Halifax, Nova Scotia, Canada.
92. MacKinnon, A. L., Sherry, S. B., Hewitt, P. L., **Sherry, D. L.**, & Stewart, S. H. (2010, October). *Perfectionistic attitudes, social disconnection, alcohol-related problems, and depressive symptoms: Testing and extending the social disconnection model*. Poster session presented at Psychiatry Research Day 2010, Dalhousie University, Halifax, Nova Scotia, Canada.
 93. Mackinnon, S. P., Hartling, N., Orchard, B., Fitzpatrick, S., Allen, S. L., Miller, K., Stewart, S. H., **Sherry, D. L.**, & Sherry, S. B. (2010, April). *Caught in a bad romance: A test of the social disconnection model in romantic couples*. Paper presented at the 36th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 94. Orchard, B., Mackinnon, S. P., Hartling, N., Fitzpatrick, S., Allen, S. L., Miller, K., Stewart, S. H., **Sherry, D. L.**, & Sherry, S. B. (2010, May). *The social disconnection model in a sample of university romantic couples: A test of incremental validity*. Paper presented at the 34th Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Saint Francis Xavier University, Antigonish, Nova Scotia, Canada.
 95. *Roxborough, H., Hewitt, P. L., Flett, G. L., Caelian, C. F., **Sherry, D. L.**, Garland, J., & Sherry, S. B. (2010, August). *Impact of social disconnection on suicide risk of perfectionists*. Poster session presented at the American Psychological Association 2010 Convention, San Diego, CA, U.S.A.
 96. Allen, S. L., Graham, A. R., McGrath, D. S., Breen, E. K., Tonet, J. T., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, April). *A preliminary test of the existential alienation model: A three-wave longitudinal study*. Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
 97. Allen, S. L., Graham, A. R., McGrath, D. S., Breen, E. K., Tonet, J. T., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, May). *Testing the existential alienation model: A cross-sectional study in an undergraduate sample*. Poster session presented at the 35th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 98. *Breen, E. K., Graham, A. R., Allen, S. L., Tonet, J. T., McGrath, D. S., Stewart, S. H., **Sherry, D. L.**, & Sherry, S. B. (2009, June). *The perfectionism model of binge eating: A second test of an emerging integrative model*. Poster session presented at the Canadian Psychological Association 2009 Convention, Montreal, Quebec, Canada.
 99. Graham, A. R., Allen, S. L., McGrath, D. S., Breen, E. K., Tonet, J. T., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, May). *Perfectionistic concerns, catastrophizing, difficulty accepting the past, and depressive symptoms: A short-term, 4-wave prospective study*. Paper presented at the 35th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 100. *Graham, A. R., Sherry, S. B., **Sherry, D. L.**, Flett, G. L., Hewitt, P. L., & Hall, P. A. (2009, August). *Socially prescribed perfectionism, difficulties in accepting the*

- past, and depressive symptoms*. Poster session presented at the American Psychological Association 2009 Convention, Toronto, Ontario, Canada.
101. Hartling, N., Doucette, S., Fossum, K., Hamilton, A., Sutherland, S. L., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, May). *A preliminary test of the interpersonal model of health anxiety in romantic couples*. Poster session presented at the 33rd Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Mount Saint Vincent University, Halifax, Nova Scotia, Canada.
 102. Hartling, N., Doucette, S., Fossum, K., Hamilton, A., Sutherland, S. L., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, April). *Testing the interpersonal model of health anxiety: Does health-related worry mediate the relation between interpersonal neuroticism and reassurance-seeking?* Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
 103. Hartling, N., Doucette, S., Fossum, K., Hamilton, A., Sutherland, S. L., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, May). *Testing the interpersonal model of health anxiety: Interpersonal neuroticism, health-related worry, health-related reassurance-seeking, and health-related alienation in romantic couples*. Paper presented at the 35th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 104. Hartling, N., Vincent, N., Doucette, S., Hussman, J., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, October). *The interactive effect of anxious attachment and emotional instability on health anxiety: An extension of the interpersonal model of health anxiety*. Poster session presented at Psychiatry Research Day 2009, Dalhousie University, Halifax, Nova Scotia, Canada.
 105. Sherry, S. B., Graham, A. R., McGrath, D. S., Breen, E. K., Allen, S. L., Tonet, J. T., **Sherry, D. L.**, & Stewart, S. H. (2009, April). *The perfectionism model of binge eating: A short-term, 4-wave longitudinal study of vulnerability, pathoplastic, and complication effects*. Paper presented at the 35th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 106. Sutherland, S. L., McGrath, D. S., Graham, A. R., Breen, E. K., Allen, S. L., Tonet, J. T., **Sherry, D. L.**, Stewart, S. H., & Sherry, S. B. (2009, April). *Perfectionism and depression: Testing vulnerability, scar, and reciprocal hypotheses in a 3-wave longitudinal study*. Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
 107. Allen, S. L., Vriend, J. L., **Sherry, D. L.**, Sherry, S. B., Hewitt, P. L., Flett, G. L., & Wardrop, A. A. (2008, April). *Perfectionistic self-presentation and symptoms of body dysmorphic disorder*. Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
 108. *Doucette, S., Sherry, S. B., Hewitt, P. L., **Sherry, D. L.**, & Stewart, S. H. (2008, June). *Do social disconnection and depressive symptoms mediate the relationship between perfectionism and alcohol abuse?* Poster session presented at the 69th

- Annual Convention of the Canadian Psychological Association, Halifax, Nova Scotia, Canada.
109. Doucette, S., Sherry, S. B., Hussman, J., **Sherry, D. L.**, Vincent, N., & Stewart, S. H. (2008, April). *A preliminary test of the Interpersonal Model of Hypochondriasis*. Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
 110. Doucette, S., Sherry, S. B., Stewart, S. H., Hussman, J., **Sherry, D. L.**, & Vincent, N. (2008, April). *The mediational role of reassurance seeking in the relationship between anxious attachment and hypochondriacal alienation: A preliminary test of the Interpersonal Model of Hypochondriasis*. Poster session presented at the 34th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 111. Doucette, S., Sherry, S. B., Stewart, S. H., **Sherry, D. L.**, Hussman, J., & Vincent, N. (2008, October). *The Interpersonal Model of Health Anxiety: Preliminary support for an integrative model*. Poster session presented at Psychiatry Research Day 2008, Dalhousie University, Halifax, Nova Scotia, Canada.
 112. Hartling, N., Sherry, S. B., **Sherry, D. L.**, Hewitt, P. L., Flett, G. L., & Graham, A. R. (2008, October). *Is there a link between perfectionism and research productivity? Implications for understanding the (mal)adaptiveness of perfectionism*. Poster session presented at Psychiatry Research Day 2008, Dalhousie University, Halifax, Nova Scotia, Canada.
 113. Kozel, P., Graham, A. R., Sherry, S. B., **Sherry, D. L.**, Flett, G. L., Hewitt, P. L., & Hall, P. A. (2008, October). *Understanding the role of ruminative regret in the connection between perfectionism and depression*. Poster session presented at Psychiatry Research Day 2008, Dalhousie University, Halifax, Nova Scotia, Canada.
 114. *Roxborough, H., Sherry, S. B., Hewitt, P. L., Caelian, C. F., Flett, G. L. & **Sherry, D. L.** (2008, June). *The interpersonal aspects of perfectionism and suicide in youth: A test of the social disconnection model*. Poster session presented at the 69th Annual Convention of the Canadian Psychological Association, Halifax, Nova Scotia, Canada.
 115. Sherry, S. B., **Sherry, D. L.**, Hewitt, P. L., & Flett, G. L. (2008, April). *Does perfectionism impede research productivity? A study of psychology professors*. Paper presented at the 34th Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
 116. Sherry, S. B., **Sherry, D. L.**, Hewitt, P. L., Flett, G. L., & Graham, A. R. (2008, November). *Perfectionism dimensions and research productivity in psychology professors: Implications for understanding the (mal)adaptiveness of perfectionism*. Paper presented at the Psychology Colloquia Series, Saint Mary's University, Halifax, Nova Scotia, Canada.
 117. *Sherry, S. B., Stewart, S. H., Doucette, S., Hussman, J., **Sherry, D. L.**, & Vincent, N. (2008, June). *The Interpersonal Model of Hypochondriasis*. In S. H. Stewart (Chair), *Current research in health psychology*. Symposium presented at the 69th Annual Convention of the Canadian Psychological Association, Halifax, Nova Scotia, Canada.

118. *Vriend, J. V., Sherry, S. B., Hewitt, P. L., **Sherry, D. L.**, Flett, G. L., & Wardrop, A. A. (2008, June). *Perfectionism, appearance schemas, and symptoms of body dysmorphic disorder*. Poster presented at the 69th Annual Convention of the Canadian Psychological Association, Halifax, Nova Scotia, Canada.
119. *Hewitt, P. L., **Lee-Baggley, D. L.**, Sherry, S. B., & Flett, G. L. (2007, August). *Impact of concealing imperfections on treatment-related issues*. Symposium conducted at the 115th Annual Convention of the American Psychological Association, San Francisco, CA.
120. ***Lee-Baggley, D. L.**, Hewitt, P. L., Mead, N., & Flett, G. (2007, May). *Perfectionism and headaches: The mediating role of perceived discrepancies*. Poster session presented at the 87th Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.
121. *Puterman, E., Steeves, S., DeLongis, A., **Lee-Baggley, D. L.**, & Greenglass, E. (2007, August). *Health behaviors and sources of information during the SARS crisis*. Poster presented at the 115th Annual Convention of the American Psychological Association, San Francisco, CA.
122. *Puterman, E., Steeves, S., DeLongis, A., **Lee-Baggley, D. L.**, & Greenglass, E. (2007, May). *Sources of information and health behaviours during the SARS crisis*. Poster session presented at the 87th Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.
123. *Quaale, R., **Lee-Baggley, D. L.**, Sherry, S. B., Hewitt, P. L., & Flett, G. L. (2007, May). *Aged to perfection? Studying the relationship between perfectionism and age*. Poster session presented at the 87th Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.
124. *Quaale, R., Sherry, S. B., Hewitt, P. L., Flett, G. L., & **Lee-Baggley, D. L.** (2007, May). *Does perfectionism impede research productivity? A study of psychology professors*. Poster session presented at the 87th Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.
125. DeLongis, A., **Lee-Baggley, D. L.**, Puterman, E., Welsted, A., Pomaki, G., & Greenglass, E. (2006, July). *Coping with the threat of infectious disease: SARS and West Nile Virus*. Invited presentation, International Association of Applied Psychology, Athens, Greece.
126. *Letourneau, J., Sherry, S. B., Hewitt, P. L., Flett, G. L., **Lee-Baggley, D. L.**, & Hall, P. A. (2006, June). *Trait perfectionism, perfectionistic self-presentation, and disordered personality*. Poster session presented at the 67th Annual Convention of the Canadian Psychological Association, Calgary, AB, Canada.
127. *Letourneau, J., Sherry, S. B., **Lee-Baggley, D. L.**, Hewitt, P. L., Flett, G. L., & Law, A. (2006, June). *Contingencies of self-worth as mediators of the relationship between trait perfectionism and low self-esteem*. Poster session presented at the 67th Annual Convention of the Canadian Psychological Association, Calgary, AB, Canada.
128. Amari, E., Sherry, S. B., Hewitt, P. L., Besser, A., Flett, G. L., & **Lee-Baggley, D. L.** (2005, April). *Dependent perfectionism, reassurance seeking, and depressive symptoms*. Poster session presented at the 85th Annual Convention of the Western Psychological Association, Portland, OR.

129. Amari, E., Sherry, S. B., Hewitt, P. L., Flett, G. L., **Lee-Baggley, D. L.**, & Hall, P. A. (2005, April). *Dimensions of perfectionism and pathological personality traits*. Poster session presented at the 85th Annual Convention of the Western Psychological Association, Portland, OR.
130. DeLongis, A., Holtzman, S., **Lee-Baggley, D. L.**, Puterman, E., & Pomaki G. (2005, Aug). *Dyadic Coping and Support Processes*. Symposium conducted at the 19th Annual Conference of the European Health Psychology Society, Ireland.
131. ***Lee-Baggley, D. L.**, Albert, A., Puterman, E., & DeLongis, A. (2005, June). *The role of work and family stressors in individual health and marital well-being*. Poster session presented at the 66th Annual Convention of the Canadian Psychological Association, Montreal, QC, Canada.
132. *Letourneau, J., Sherry, S. B., **Lee-Baggley, D. L.**, Hewitt, P. L., & Flett, G. L. (2005, June). *Perfectionism and narcissism: A meta-analytic review*. Poster session presented at the 66th Annual Convention of the Canadian Psychological Association, Montreal, QC, Canada.
133. DeLongis, A., **Lee-Baggley, D. L.**, & Greenglass, E. (2004, Aug). *Coping with the threat of SARS*. Symposium conducted at the 112th Annual Convention of the American Psychological Association, Honolulu, HI.
134. Greenglass, E., DeLongis, A., **Lee-Baggley, D. L.**, & Voorhoeave, P. (2004, Aug). *SARS and its effects: Coping with the threat*. Symposium conducted at the Annual Conference of the International Congress of Psychology, Beijing, China.
135. #**Lee-Baggley, D. L.** (2004, May). *Stress and coping: Work, marriage and health*. Paper presented at the Green College 10th Anniversary Lecture Series, Vancouver, BC, Canada.
136. DeLongis, A. Holtzman, S., & **Lee-Baggley, D. L.** (2003, Sept). *Stress, coping, and social support in couples living in step-families: A longitudinal study*. Symposium conducted at the 17th European Health Psychology Society Conference, Kos, Greece.
137. DeLongis, A., Preece, M., & **Lee-Baggley, D. L.** (2003, May). *Stress, coping, and social support processes among couples in step-families*. Symposium conducted at the 83rd Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.
138. *Greenglass, E. R., DeLongis, A., **Lee-Baggley, D. L.**, & Bishop, G. D. (2003, Aug). *Coping with the threat of infection*. Symposium conducted at the 111th Annual Convention of the American Psychological Association, Toronto, ON, Canada.
139. Holtzman, S., **Lee-Baggley, D. L.**, & DeLongis, A. (2003, Nov). *The role of stress appraisals and social support among couples living in stepfamilies*. Poster session presented at the 65th National Council on Family Relations Annual Conference, Vancouver, BC, Canada.
140. Koopman, L., **Lee-Baggley, D. L.**, & DeLongis, A. (2003, May). *Predictors of marital satisfaction and adjustment among couples in step-families: A two-year prospective study*. Poster session presented at the 83rd Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.

141. **Lee-Baggley, D. L.** (2003, May). *My life at prison: Musings from a clinical psychology student working at a maximum security men's federal penitentiary.* Green College Member Speaker Series Presentation, Vancouver, BC, Canada.
142. **Lee-Baggley, D. L.** (2003, Sept). *Practicum at prison: Psychology on the inside of a maximum security men's federal penitentiary.* Presentation for the Department of Psychology, Clinical Seminar Series, Vancouver, BC, Canada.
143. **Lee-Baggley, D. L.,** & DeLongis, A. (2003, Feb). *The use of daily process methodology in studying stress and coping.* Paper presented at the 2003 Conry Conference on Measurement, Evaluation and Research Methodology, Vancouver, BC, Canada.
144. **Lee-Baggley, D. L.,** DeLongis, A., Grover, R., & Chan, T. (2003, May). *Coping with family stress: relationship and mood outcomes.* Poster session presented at the 83rd Annual Convention of the Western Psychological Association, Vancouver, BC, Canada.
145. ***Lee-Baggley, D. L.,** Preece, M., & DeLongis, A. (2003, Aug). *Factors predicting divorce and marital satisfaction among couples in step-families.* Poster session presented at the Annual Convention of the American Psychological Association, Toronto, ON, Canada.
146. **Lee-Baggley, D. L.,** Preece, M., DeLongis, A., Holtzman, S., & Chorney, D. (2003, Nov). *Coping with family stress: Implications for long term marital outcomes among couples in step-families.* Paper presented at the 65th National Council on Family Relations Annual Conference, Vancouver, BC.
147. ***Lee-Baggley, D. L.,** DeLongis, A., & Campbell, J. D. (2002, June). *A daily process study of the role of personality and coping strategies in stress outcomes.* Symposium conducted at the 62nd Annual Convention of the Canadian Psychological Association, Vancouver, BC, Canada.
148. ***Lee-Baggley, D. L.,** DeLongis, A., Holtzman, S., & Campbell, J. D. (2002, June). *Emotion-, problem- and relationship-focused coping in stress outcomes among couples.* Poster session presented at the 62nd Annual Convention of the Canadian Psychological Association, Vancouver, BC, Canada.
149. *Holtzman, S., DeLongis, A., Newth, S., & **Lee-Baggley, D. L.** (2001, June). *Social support among patients with rheumatoid arthritis: A daily process study.* Poster session presented at the 62nd Annual Convention of the Canadian Psychological Association, Quebec City, QC, Canada.
150. Holtzman, S., DeLongis, A., Newth, S., & **Lee-Baggley, D. L.** (2001, July). *Social support and pain: A daily process study.* Poster session presented at the annual convention of the World Congress of Behavioural and Cognitive Therapies, Vancouver, BC, Canada.
151. Holtzman, S., DeLongis, A., Newth, S., & **Lee-Baggley, D. L.** (2001, August). *Personality and social support among patients with rheumatoid arthritis.* Poster session presented at the 109th Annual Convention of the American Psychological Association, San Francisco, CA.
152. ***Lee-Baggley, D. L.,** DeLongis, A., O'Brien, T., Holtzman, S., & Campbell, J. D. (2001, June). *Personality, stress, and coping in step-families: A daily process study.* Poster session presented at the 62nd Annual Convention of the Canadian

Psychological Association, Quebec City, QC, Canada.

153. **Lee-Baggley, D. L.**, DeLongis, A., O'Brien, T., Holtzman, S., & Campbell, J. D. (2001, July). *Personality and coping in couples*. Poster session presented at the annual convention of the World Congress of Behavioural and Cognitive Therapies, Vancouver, BC, Canada.
154. **Lee-Baggley, D. L.**, DeLongis, A., O'Brien, T., Holtzman, S., & Campbell, J. D. (2001, August). *A daily process study of the role of personality in coping*. Poster session presented at the 109th Annual Convention of the American Psychological Association, San Francisco, CA.
155. ***Lee-Baggley, D. L.**, & Mahoney, A. (2000, June). *The relationship between response styles to depression and negative mood regulation expectancies*. Poster session presented at the 61st Annual Convention of the Canadian Psychological Association, Ottawa, ON, Canada.

Publications – White papers (3 total)

1. **Lee-Baggley, D. L.**, & Howatt, B. (2022). Extended Mental Health Benefits in Canadian Workplaces: Employee and Employer Perspectives. Mental Health Commission of Canada, Toronto, ON. <https://mentalhealthcommission.ca/resource/extended-mental-health-benefits-in-canadian-workplaces-employee-and-employer-perspectives/>
2. **Lee-Baggley, D. L.**, & Howatt, B. (2022). Examining the impact of the HUGR Authentic Connections digital mental fitness app on mitigating isolation and loneliness in the workplace. Workplace Safety and Prevention Services, Toronto, ON. <https://www.wsps.ca/resource-hub/corporate/examining-the-impact-of-the-hugr-authentic-connections>
3. **Lee-Baggley, D. L.**, & Howatt, B. (2022). Psychological Health and Safety in the Workplace: Employer Practices in Response to COVID-19. Canadian Standards Association, Toronto, ON. <https://www.csagroup.org/wp-content/uploads/CSA-Group-Research-Psychological-Health-and-Safety-in-the-Workplace-Employer-Practices-COVID-19.pdf>

Book Chapters (2 total)

1. Lillis, J. & **Lee-Baggley, D.L.** (2022). Health Promotion and Weight Management for Obesity. *The Oxford Handbook on Acceptance and Commitment Therapy*. Twohig, M.P., Levin, M.E., Petersen, J.M. (ed.). Oxford University Press. <https://doi.org/10.1093/oxfordhb/9780197550076.013.18>
2. **Lee-Baggley, D. L.**, Nealis, N., & Sherry, S. B. (2016). Working with perfectionists in a clinical context: A practitioner's perspective. A. Hill (Ed.) *The Psychology of Perfectionism in Sport, Dance, and Exercise*. Routledge.

Books (1 total)

1. **Lee-Baggley, D. L.** (2019). *Healthy habits suck: How to get off the couch and live a healthy life, even if you don't want to.* Oakland, CA: New Harbinger.
https://www.amazon.ca/Dayna-Lee-Baggley-PhD/e/B07S3ZVNKK%3Fref=db_s_a_mng_rwt_sens_share
2. **Lee-Baggley, D. L.** (2019). Audio book: *Healthy habits suck: How to get off the couch and live a healthy life, even if you don't want to.*
<https://www.hoopladigital.com/title/12613183>

Public Written Publications (47 total)

1. No, It's Not the Most Wonderful Time of the Year (December 16, 2025). Blog post for Psychology Today. <https://www.psychologytoday.com/us/blog/the-psychology-of-weight-loss/202512/no-its-not-the-most-wonderful-time-of-the-year>
2. Psychological Safety at Work: Myths and Truths (August 9, 2025). Blog post for Psychology Today. <https://www.psychologytoday.com/us/blog/the-psychology-of-weight-loss/202508/psychological-safety-at-work-myths-and-truths>
3. 3 Things We Get Wrong About Managing Other People (May 8, 2025). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202505/what-we-get-wrong-about-managing-people>
4. Happiness Is a Terrible Life Goal, at Work or Anywhere Else (February 6, 2025). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202502/happiness-is-a-terrible-life-goal-at-work-or-anywhere>
5. The Science of Behavior Change Can Set You Up for Success (January 1, 2025). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202501/why-new-years-resolutions-fail-and-what-to-do-instead>
6. Navigating Workplace Conflicts (October 6, 2024). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202410/navigating-workplace-conflicts>
7. Why "Good" or "Bad" Outcomes Aren't Always What They Seem. September, 30, 2024). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202409/why-good-or-bad-outcomes-arent-always-what-they-seem>
8. Cultivating a Lucky Mindset (May 29, 2024). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202405/cultivating-a-lucky-mindset>
9. How Leaders Can Transform Workplace Mental Health Culture (May 22, 2024). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202405/how-leaders-can-transform-workplace-mental-health-culture>
10. Stop breaking women's hearts at work: 7 ways to make workplaces better for cardiovascular health (February 28, 2024). Grant S., Hamilton-Hinch, B., Lee-Baggley, D.L., Gahagan, J., Mannette, J., MacFarlane, L. The Conversation.

- <https://theconversation.com/stop-breaking-womens-hearts-at-work-7-ways-to-make-workplaces-better-for-cardiovascular-health-223080>
11. Leaders, It's Not Your Job to Fix Conflict (2024, January 21). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202401/leaders-its-not-your-job-to-fix-conflict>
 12. Is It September Already? (2023, August 31). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202308/is-it-september-already>
 13. Going on Vacation Won't Cure Your Burnout (2023, August 16). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202308/going-on-vacation-wont-cure-your-burnout>
 14. How Organizations can Address Burnout (2023, August 9). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202308/how-organizations-can-address-burnout>
 15. Stress Thermometer: What is it and How to Use it (2023, July 14). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202307/stress-thermometer-what-it-is-and-how-to-use-it>
 16. How to Identify Burnout in Our Employees and Colleagues (2023, July 10). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202307/how-to-identify-burnout-in-our-employees-and-colleagues>
 17. The Burnout Burger (June 27, 2023). Blog post for Psychology Today. <https://www.psychologytoday.com/gb/blog/the-psychology-of-weight-loss/202306/the-burnout-burger>
 18. Psychologically Safe Conflict Resolution (Feb. 28, 2023). Blog post for Psychology Today. <https://www.psychologytoday.com/gb/blog/the-psychology-of-weight-loss/202302/psychologically-safe-conflict-resolution>
 19. The Burnout Burger (July 3, 2023). Blog post for Psychology Today's "The Psychology of Weight Loss". <https://www.psychologytoday.com/gb/blog/the-psychology-of-weight-loss/202306/the-burnout-burger>
 20. Fostering psychological safety in the workplace: 4 practical, real-life tips based on science (May 4, 2023). Lee-Baggley, D.L., Grant S., Pizzo, R. The Conversation. <https://theconversation.com/fostering-psychological-safety-in-the-workplace-4-practical-real-life-tips-based-on-science-204661>
 21. A leader's introduction to the intersection of inclusion, psychological safety (April 3, 2023). Howatt, B., & Lee-Baggley, D. L. OHS Canada Magazine. <https://www.ohscanada.com/opinions/a-leaders-introduction-to-the-intersection-of-inclusion-psychological-safety/>
 22. 3 ways to unlock the power of food to promote heart health (March 19, 2023). Grant, Sh., Glenn, A. & Lee-Baggley, D.L. The Conversation. <https://theconversation.com/3-ways-to-unlock-the-power-of-food-to-promote-heart-health-200228>
 23. Psychologically Safe Conflict Resolution (Feb. 28, 2023). Blog post for Psychology Today's "The Psychology of Weight Loss". <https://www.psychologytoday.com/gb/blog/the-psychology-of-weight-loss/>

- [loss/202302/psychologically-safe-conflict-resolution](https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202302/psychologically-safe-conflict-resolution)
24. Trauma-Informed Leadership (2022, September 24). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202209/trauma-informed-leadership>
 25. Workplace Trauma and Trauma-Informed Leadership (2022, August 24). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-of-weight-loss/202208/workplace-trauma-and-trauma-informed-leadership>
 26. How to Recharge Your Frontal Lobe (2021, August 26). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/202108/how-recharge-your-frontal-lobe>
 27. Why Am I Still Feeling Anxious? (2021, July 14). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/202107/why-am-i-still-feeling-anxious>
 28. Reflections on Social Psychology’s Role During the COVID-19 Pandemic (May 2020). Article in Asian Association of Social Psychology Newsletter.
 29. “Pandemic Brain” is Real (2020, December 29). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/202012/pandemic-brain-is-real>
 30. What is Self-Compassion and Why Do We Need It? (2020, September 28). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/202009/what-is-self-compassion-and-why-do-we-need-it>
 31. Tips for Coping with Reopening During COVID-19 (2020, May 31). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/202005/tips-coping-reopening-during-covid-19>
 32. COVID-19 is a War, Not a Vacation (2020, April 27). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/202004/covid-19-is-war-not-vacation>
 33. Coping with Tragedy in Nova Scotia (2020, April 20). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/202004/coping-tragedy-in-nova-scotia>
 34. Social Distancing Sucks, But We Should Do It Anyway (March 15, 2020). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/202003/social-distancing-sucks-we-should-do-it-anyway>
 35. Staying Healthy in a COVID-19 World: How to manage your mental health in this crisis (March 13, 2020). Blog post for Psychology Today. <https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/202003/staying-healthy-in-covid-19-world>
 36. How to do it better this year (2020, January 2). Blog post for Psychology Today’s “The Psychology of Weight Loss.” <https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/202001/how-do-it-better-year>
 37. Why healthy habits really suck at the holidays (2019, December 16). Blog post for Psychology Today’s “The Psychology of Weight Loss.” <https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/201912/why-healthy-habits-really-suck-at-the-holidays>

- [loss/201912/why-healthy-habits-really-suck-the-holidays](#) Views: 923
38. Why feelings are like the weather (2019, November 6). Blog post for Psychology Today's "The Psychology of Weight Loss."
<https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/201911/why-feelings-are-the-weather> Views: 11635
 39. We don't control our weight. (2019, August 22). Blog post for Psychology Today's "The Psychology of Weight Loss."
<https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/201908/we-don-t-control-our-weight>
 40. The adaptiveness of weight. (2019, June 28). Blog post for Psychology Today's "The Psychology of Weight Loss." <https://www.psychologytoday.com/ca/blog/the-psychology-weight-loss/201906/the-psychology-weight-loss>
 41. You were taught to be an expert. Why it doesn't work in chronic disease management. (2019, August 26). Blog post for The Rounds.
 42. Effective goal setting: 4 steps to making a SMART goal. (2019, August 21). Blog post for The Rounds.
 43. Why weight is a terrible goal in weight management. (2019, August 19). Blog post for The Rounds.
 44. How to foster long term motivation in obesity management. (2019, August 30). Blog post for The Rounds.
 45. What is "readiness" and how do we assess it? (2019, August 29). Blog post for The Rounds.
 46. Anxiety is a costly issue. (2015, May 9). *Truro Daily News*.
<http://www.trurodaily.com/Opinion/Letters-to-the-Editor-5467>
 47. Depth, breadth of anxiety. (2015, May 4). *The Chronicle Herald*. Retrieved from <http://thechronicleherald.ca/letters/1283945-voice-of-the-people-may-4-2015>

Public Presentations, Workshops and Training (206 total)

1. **Lee-Baggley, D. L.** (2025, July). *Building Inclusive Shelters: ACT training for Substance Abuse, Harm Reduction, and Burnout Prevention*. Workshop funded by Mental Health Foundation of Nova Scotia, Halifax, NS.
2. **Lee-Baggley, D. L.** (2024, March). *Wellness, Sleep, & Recharging Your Battery*. OM Wellness Workshop, Obesity Matters.
3. **Lee-Baggley, D. L.** (2024, March). *Health Habits Hacks: Start and Stick to Them*. Reverse Hypertension Summit Naturally by Dr Talks.
4. **Lee-Baggley, D. L.** (2024, March). *Shaping Healthy Workplaces: Best Practices in Wellness and Retention of Healthcare Workers*. Committee on Health Workforce (CHW), Health Canada.
5. **Lee-Baggley, D. L.** (2024, February). *Healthcare Salute: Thank you for your service*. Panel for Trauma and Recovery Research Unit at McMaster University.
6. **Lee-Baggley, D. L.** (2024, January). *Fostering psychological safety in the workplace: 4 practical, real-life tips based on science*. Webinar for Equity Watch.
7. **Lee-Baggley, D. L.** (2023, November). *Dealing with a Diabetes Diagnosis*. Webinar for Open Hours, Diabetes Canada, Virtual.

8. **Lee-Baggley, D. L.** (2023, October). *Recharging your batteries*. Webinar for Canadian Spondylitis Association
9. **Lee-Baggley, D. L.** (2023, October). *Dealing with a new diagnosis*. Webinar for Canadian Spondylitis Association
10. **Lee-Baggley, D. L.** (2023, August). *Navigating stress and wellbeing*. The Boiling Point Podcast
11. **Lee-Baggley, D. L.** (2023, August). *Healthy Habits Suck*. Dr. Laurie Marbas Podcast.
12. **Lee-Baggley, D. L.,** (2023, June). *The Pursuit Of Knowledge In The Face Of Uncertainty: Working At The Interface Of Different Disciplines*. 11th Annual Thomas Fear & Alice Morgans Fear Memorial Conference: Resilient And Responsive Health Systems In A Changing World
13. **Lee-Baggley, D. L.** (2023, May). *Mental Health Awareness Month: Empower program for chronic disease*. Webinar for The Canadian Donation and Transplantation Research Program.
14. **Lee-Baggley, D. L.** (2023, March). *Building a village to manage chronic illness*. Webinar for The Canadian Spondylo Arthritis Association.
15. **Lee-Baggley, D. L.** (2023, January). *The power and science of building healthy habits*. Beyond Age Podcast.
16. **Lee-Baggley, D. L.,** (2023, January). *Risk & Resiliency In Healthcare Providers During The Covid-19 Pandemic*, McMaster University, Virtual.
17. **Lee-Baggley, D. L.** (2022, October). *Healthy Habits Suck*. Leanne Ward Nutrition Podcast.
18. **Lee-Baggley, D. L.** (2022, April). *Ready for Change: Rethinking Behaviour Change in Obesity Management with Dr. Dayna Lee Baggley*. Obesity Canada, Connected Conversations.
19. **Lee-Baggley, D. L.** (2022, February). *Using Values to Guide our Self-care Journey*. Thrival 101 Podcast.
20. **Lee-Baggley, D. L.** (2022, January). *Shed the Shame Series*. Webinars for Canadian Skin Patient Alliance.
21. **Lee-Baggley, D.L.** (2022, June 1). *Mental Health Post Stroke: Evidence Based Strategies for All Healthcare Providers*. 2022 New Brunswick Stroke Conference.
22. **Lee-Baggley, D.L.** (2022, May 17). *Change Management for Individuals to Systems: Evidence Based Ways to Foster Change*. HOPE Conference Series – Canadian Centre for Abuse Awareness.
23. **Lee-Baggley, D.L.** (2022, May 12). *Cognitive and Decision Fatigue: Science and Solutions*. Canadian Professional Accountants Alberta Daily Dividends webinar.
24. **Lee-Baggley, D.L.** (2022, May 12). *Psychology of chronic disease*. 2nd Annual Heartlife Day Canada.
25. **Lee-Baggley, D.L.** (2022, May 7). *Evidence Based Tips for Managing Stress for Patients and Providers*. CABSD.
26. **Lee-Baggley, D.L.** (2022, May 4). *Improving and Enhancing Sleep*. Nova Scotia Government.
27. **Lee-Baggley, D.L.** (2022, April 26). *Ready for Change: Rethinking Behaviour Change in Obesity Management with Dr. Dayna Lee Baggley*. Online presentation for Obesity Canada, Connected Conversations. <https://youtu.be/YRd2CvOf9mY>

28. **Lee-Baggley, D.L.** (2022, March 26). *Managing Your Mental Health*. Canadian Alopecia Areata Foundation.
29. **Lee-Baggley, D.L.** (2022, March 3). *Building a village to manage chronic disease*. Webinar for Canadian Spondylitis Association.
30. **Lee-Baggley, D.L.** (2022, February 24). *COVID-19: Trauma and moral injury in frontline workers*. Presentation to LTC+ Huddle Series, Healthcare Excellence Canada.
31. **Lee-Baggley, D.L.** (2022, February 8). *Systemic Causes and Solutions for Burnout: Review of Wellness Leadership Training*. CPDME Professional Development Seminar Series
32. **Lee-Baggley, D.L.** (2022, January 26). *Psychology of chronic disease*. Canadian Skin Patient Alliance Shed the Shame Series.
<https://www.youtube.com/watch?v=VwjHI74U6Ho>
33. **Lee-Baggley, D.L.** (2022, January 12). *Psychology of behaviour change*. Success Stories Unveiled by Matt Benvie Podcast.
34. **Lee-Baggley, D.L.** (2021, November 25). *Meaning and Purpose*. Guest lecture for Christian Theology at St Joseph's College Introduction to the Roads to Happiness Class.
35. **Lee-Baggley, D.L.** (2021, November 24). *Trauma Informed Dispute Resolution – A Practical Process*. ADR Institute of Canada webinar.
36. **Lee-Baggley, D.L.** (2021, November 23). *Evidence Based Skills for Difficult Patient Consultations*. 95th Annual Dalhousie Faculty of Medicine Fall Refresher
37. **Lee-Baggley, D.L.** (2021, November 23). *Obesity Treatment in Practice: Integrating Obesity into Primary Care*. Atlantic Obesity Forum.
38. **Lee-Baggley, D.L.** (2021, November 23). *Pandemic Burnout*. Dalhousie Medicine New Brunswick.
39. **Lee-Baggley, D.L.** (2021, October 31 and November 1, 2021). *Supporting Clients with Chronic Illness: Evidence-based Practices to Improve Adherence, Mental Health and Quality of Life*. MAgentix; Seminars for Mental Health Professionals.
<https://magentix.ca/clients-with-chronic-illness/>
40. **Lee-Baggley, D.L.** (2021, October 24). *Healthy Habits Suck, Especially During a Pandemic*. Obesity Canada.
41. **Lee-Baggley, D.L.** (2021, October 21). *Evidence Based Tips for Coping with the Emotional Impact of Chronic Disease and Persistent Pain*. Pain Society of Alberta World Pain Summit. <https://www.youtube.com/watch?v=UvOPunxUpXU>
42. **Lee-Baggley, D.L.** (2021, October 20). *Breaking Down the Barriers to Build a Psychologically Safe Work Environment*. Partners in Prevention 2021 Health & Safety Fall Virtual Conference. <https://wsps.eventsair.com/partners-in-prevention-health-safety-fall-virtual-conference---southern-ontario/speakers>
43. **Lee-Baggley, D.L.** (2021, October 18). *Professional Resiliency for Helping Professionals During COVID-19 and Beyond*. Dieticians Canada.
44. **Lee-Baggley, D.L.** (2021, October 3). *Chronic Disease and Its Impact on Mental Health*. Psoriasis & Psoriatic Arthritis Patient Symposium.
45. **Lee-Baggley, D.L.** (2021, September 27). Interview for Healing from Within Podcast with Sheryl Glick. *Engaging Your Inner Self For Healthy Living*.

46. **Lee-Baggley, D.L.** (2021, September 25). *Psychotherapy in Obesity Management for Primary Care Physicians*. Oman Obesity Academy 2021.
47. **Lee-Baggley, D.L.** (2021, June 12). *A Trauma Informed Way to Resolve Disputes*. Annual General Meeting of ADR Atlantic Institute.
48. **Lee-Baggley, D.L.** (2021, June 11). *Transitions from Hospital to Community Care: Learning Strategies Supporting Knowledge Retention and Skill Building in Transition*. Canadian Association of Cardiovascular Prevention and Rehabilitation.
49. **Lee-Baggley, D.L.** (2021, June 4). Interview for Superwoman Code Podcast with Ashley Margeson. *This is your Pandemic Brain on Steroids*.
<https://thesuperwomancode.libsyn.com/066-this-is-your-pandemic-brain-on-steroids-with-dr-dayna-lee-baggley-phd-registered-psychologist-sponsored-by-the-ns-government>
50. **Lee-Baggley, D.L.** (2021, May 30-31). *Professional Resiliency for Women*. Atlantic Connections Conference.
51. **Lee-Baggley, D.L.** (2021, May 27). Social Connection and Well-Being: What Science can tell us. Workplace Safety and Prevention Services Ontario.
52. **Lee-Baggley, D.L.** (May 4, 2021). *Curbing the rise of chronic illness in Canada*. Globe and Mail.
53. **Lee-Baggley, D.L.** (2021, April 13). *Helping Patients through COVID*. Family Medicine Dalhousie.
54. **Lee-Baggley, D.L.** (2021, April 8). *Healthy Habits Suck*. Eat, Play, Love Spotlight Series.
55. **Lee-Baggley, D.L.** (2021, March 24). Coping in COVID. Greenwood public talk
56. **Lee-Baggley, D.L.** (2021, March 10). Presentation for Nova Scotia Health Authority Wellness Wednesdays.
<https://www.facebook.com/NovaScotiaHealthAuthority/videos/dr-lee-baggley/524811348491418/>
57. **Lee-Baggley, D.L.** (2021, February 13). *Women's Mental Health: Coping during COVID-19*. Wear Red Day, Halifax, NS.
58. **Lee-Baggley, D.L.** (2021, February 4, 2021). Psychology of chronic disease. Office of Lifelong Learning; Cirrhosis Webinar Series.
59. **Lee-Baggley, D.L.** (2021, January 26). Motivational Interviewing. Dilico Anishinabek Family Care, Ontario.
60. **Lee-Baggley, D.L.** (2020, January 1). Healthy Habits Suck. People Soup Podcast - nourishing the mind, flourishing at work. <https://www.stitcher.com/show/people-soup/episode/dr-dayna-lee-baggley-healthy-habits-suck-66296807>
61. **Lee-Baggley, D.L.** & Delongis, A. (May 2020). Reflections on Social Psychology's Role During the COVID-19 Pandemic Asian Association of Social Psychology Newsletter.
62. **Lee-Baggley, D.L.** (2020, June 18). The Art and Science of Behaviour Change in Chronic Disease Management. Grand Rounds for University of Manitoba Faculty of Medicine.

63. **Lee-Baggley, D.L.** (2020, May 13). Chronic Disease Distress (Mental Health). Canadian Spondylitis Association webinar. https://www.youtube.com/watch?v=RL_H3yqMpns
64. **Lee-Baggley, D.L.** (2020, March 3). “Advanced Acceptance and Commitment Therapy (ACT) with women who experience interpersonal violence”. Canadian Domestic Violence Conference. Halifax, NS.
65. **Lee-Baggley, D.L.** (February 25, 2020). Podcast interview re: *Healthy Habits Suck* on Sparking Wholeness with Erin Kerry. Presentations
66. **Lee-Baggley, D.L.** (2020, February 20). “Professional Resiliency for Women”. WISE Workshop, Halifax, NS.
67. **Lee-Baggley, D.L.** (2020, February 13). “How Women Can Make Changes”. Her Heart Matters Halifax: Wear Red Canada, Halifax, NS.
68. **Lee-Baggley, D.L.** (2020, February 9). “The Psychology of Healthy Living: Why healthy habits suck and what to do about it”. APNS Psychology Talks 2020, Halifax, NS.
69. **Lee-Baggley, D.L.**, Phillip Joy, Samantha Reeves (2020, February 3). “Weight on our Minds: A Conversation”. Panel discussion for Eating Disorders Nova Scotia, Halifax, NS.
70. **Lee-Baggley, D. L.** (2019, Sept-Dec). “Behaviour Change Skills for Chronic Disease Management”. Workshop provided for Chronic Disease Program, Alberta Health Services, AB.
71. **Lee-Baggley, D.L.** (2019, December 17). “Healthy Habits Suck, Especially Over the Holidays”. Obesity Canada – Ottawa-Gatineau Chapter. Ottawa, ON.
72. **Lee-Baggley, D.L.** (2019, December 16). “Healthy Habits Suck, Especially Over the Holidays – How to Live a Healthy Life Anyway”. Obesity Canada Halifax Chapter - Workshop and Annual General Meeting, Halifax, NS.
73. **Lee-Baggley, D.L.** (December 12, 2019). Podcast interview re: *Healthy Habits Suck* on People Soup with Ross McIntosh. <https://www.stitcher.com/show/people-soup/episode/dr-dayna-lee-baggley-healthy-habits-suck-66296807>
74. **Lee-Baggley, D.L.** (2019, December 11). “Wellness in the Workplace: Winter Edition”. Presentation for the NS Department of the Environment, Truro, NS.
75. **Lee-Baggley, D.L.**, Shepherd, T. & Thakrar, S. (2019, December 9). “Behaviour Change Training”. Workshop for staff at Nova Scotia Health Authority, Halifax, NS.
76. **Lee-Baggley, D. L.** (2019, October 25). “Research Innovations in MOTP: The psychology of chronic disease”. Transplant Atlantic, Multi Organ Transplant Program, Nova Scotia Health Authority, Halifax, NS.
77. Lau, D.C.W., Wharton, S., **Lee-Baggley, D.L.**, & McIntyre, R. (2019, October 21). “Neurobiology of appetite regulation: Leveraging pharmacotherapy and behavioural therapy in weight management”. Oakville, ON.
78. **Lee-Baggley, D.L.** (2019, October 7). “Mission Impossible” panel. Markham, ON.
79. **Lee-Baggley, D.L.** (2019, September 27). “Coping with Workplace Change”. RALNO Conference, Toronto, ON.

80. Lau, D.C.W., Wharton, S., **Lee-Baggley, D.L.**, & McIntyre, R. (2019, September 26). “Neurobiology of appetite regulation: Leveraging pharmacotherapy and behavioural therapy in weight management”. Calgary, AB.
81. Lau, D.C.W., Wharton, S., **Lee-Baggley, D.L.**, & McIntyre, R. (2019, September 25). “Neurobiology of appetite regulation: Leveraging pharmacotherapy and behavioural therapy in weight management”. Edmonton, AB.
82. Lau, D.C.W., Wharton, S., **Lee-Baggley, D.L.**, & McIntyre, R. (2019, September 24). “Neurobiology of appetite regulation: Leveraging pharmacotherapy and behavioural therapy in weight management”. Vancouver, BC.
83. **Lee-Baggley, D.L.** (2019, September 19). “The Psychology of Chronic Disease”. Nephrology Rounds, Dalhousie School of Medicine, Halifax, NS.
84. **Lee-Baggley, D.L.** (2019, September 19). “Behaviour Modification: Chronic Disease Management” PEI Nephrology Education Day, Charlottetown, PEI.
85. **Lee-Baggley, D.L.** (2019, September 6). Healthy Habits with Dayna Lee-Baggley. Psychologists Off the Clock Podcast. <https://offtheclockpsych.com/healthy-habits/>
86. Day, A., **Lee-Baggley, D.L.**, Gilin, D. (2019, July). “Thriving through Work Change in a Respectful Workplace”. Panel for the Occupational Health Psychology Summer Institute, Halifax, NS.
87. **Lee-Baggley, D.L.** (2019, July 26). Podcast interview on *Healthy Habits Suck* on JKWD Podcast. <https://jkwdpodcast.com/episode-164-healthy-habits-suck-with-dr-dayna-lee-baggley/>
88. **Lee-Baggley, D.L.** (2019, July 24). Podcast interview on *Healthy Habits Suck* on the Tom Barnard Podcast.
89. **Lee-Baggley, D. L.** & Reardon, L. (2019, June). “Mission impossible: obesity management. An expert video and case-based program on motivation and treatment”. Presentation for Pri-Med Updates, Halifax, NS.
90. **Lee-Baggley, D. L.** & Zarnuk, A. (2019, June). “Mission impossible: obesity management. An expert video and case-based program on motivation and treatment”. Presentation for Pri-Med Updates, St. John’s, NL.
91. **Lee-Baggley, D.L.** (2019, June). “Supporting healthy behaviour change in chronic disease”. 5 A’sT of Obesity Management. Presentation for Lifelong Learning, University of Alberta, Edmonton, AB.
92. **Lee-Baggley, D.L.** (2019, June). “Professional resiliency”. Workshop for Mount Saint Vincent University’s Office of Student Experience, Professional Education Day, Halifax, NS.
93. **Lee-Baggley, D. L.** (2019, May). Professional Resiliency for Women. Workshop for Atlantic Connections Conference, Charlottetown, PEI.
94. Begin-Lavalee, V., **Lee-Baggley, D.L.**, Joshi, N., & Shiau, J. (2019, May). “Mission impossible: obesity management. An expert video and case-based program on motivation and treatment”. Presentation for Pri-Med Canada, Mississauga, ON.
95. **Lee-Baggley, D. L.** (2019, April). “Bad choices to Good Decisions”. Presentation for New Brunswick Internal Medicine Update, Moncton, NB.
96. **Lee-Baggley, D. L.** (2019, April). “The Fix-It Urge: Professional resiliency for residents.” Presentation for the Psychology Residents Seminar Series, Nova Scotia Healthy Authority, Halifax, NS.

97. **Lee-Baggley, D. L.** (2019, March). "Acceptance & Commitment Therapy". Three day workshop for the Canadian Armed Forces, 5th Canadian Division Support Base Gagetown, Oromocto, NB.
98. **Lee-Baggley, D. L.** (2019, January). "Leading through workplace change". Presentation for the Department of Fisheries and Oceans, Leadership meeting, Halifax, NS.
99. **Lee-Baggley, D. L.** (January 13, 2020). Interview re: *Healthy Habits Suck* on Dreamvisions Radio Network & Web Talk Radio with Sheryl Glick.
100. **Lee-Baggley, D. L.** (November 14, 2019). Interview re: *Healthy Habits Suck* on KVTM-AM, The Kim Pagano Show, Los Angeles, CA.
101. **Lee-Baggley, D. L.** (2019, November 6). Interview re: *Healthy Habits Suck* for My Weight, What to Know, Las Vegas, NV.
102. **Lee-Baggley, D. L.** (2019, October 11). Interview re: *Healthy Habits Suck* on CBC Maritime Noon with N. MacLeod, Halifax, NS.
103. **Lee-Baggley, D. L.** (2019, August 29). Radio interview on *Healthy Habits Suck* on KMEM 100.5FM, w/ HEALTHY U RADIO SHOW, Memphis, MO.
104. **Lee-Baggley, D. L.** (2019, August 15). Radio interview on *Healthy Habits Suck* on Touch of Grey, w/ Carole Marks.
105. **Lee-Baggley, D. L.** (2019, August 12). Radio interview on *Healthy Habits Suck* on Answers for the Family, w/ Allen Cordoza,
106. **Lee-Baggley, D. L.** (2019, August 9). Radio interview on *Healthy Habits Suck* on WDUN AM550/FM 102.9, The Morning Edition + Bill Maine, Gainesville, GA.
107. **Lee-Baggley, D. L.** (2019, July 25). Taped radio interview on *Healthy Habits Suck*: WTIC-AM, w/ T. Feinburg Hartford, CT.
108. **Lee-Baggley, D. L.** (2019, July 23). Radio interview on *Healthy Habits Suck*: K104.7 FM w/ Keryl Pesce, Host of Happy Hour,
109. **Lee-Baggley, D. L.** (2019, July 15). Radio interview on *Healthy Habits Suck*: WYCL-AM (1540) w/ L.B. Free. Cleveland, OH.
110. **Lee-Baggley, D. L.** (2018, December). "Conversations around compliance" Education Day for In-Centre Hemodialysis Staff, Nova Scotia Healthy Authority, Halifax, NS.
111. Day, A., & **Lee-Baggley, D. L.** (2018, December). "Thriving through work change in a respectful workplace". Workshop for the Department of Fisheries and Oceans, Halifax, NS.
112. **Lee-Baggley, D. L.** (2018, November). "The Fix-It Urge: Professional resiliency for residents." Presentation for the Psychology Residents Seminar Series, Nova Scotia Healthy Authority, Halifax, NS.
113. **Lee-Baggley, D. L.** (2018, November). "Coping with the Emotional Impact of Chronic Disease." Presentation for the Taking Charge of Arthritis Forum, Arthritis Society, Halifax, NS. <https://arthritis.ca/get-involved/participate/find-an-event-near-you/events/webinars/2018-prior/coping-with-the-emotional-impact-of-chronic-disease>
114. Campbell-Scherer, D., Hong, A., Wicklum, S. & **Lee-Baggley, D. L.** (2018, November). "5As Team Training Workshop: A collaborative approach to obesity

- prevention and Management”. Workshop presented at University of Alberta, Edmonton, AB.
115. **Lee-Baggley, D. L.** (2018, October). “The psychology of obesity.” Guest lecture for Medical Nutrition Therapy I, Department of Applied Human Nutrition, Mount Saint Vincent University, Halifax, NS.
 116. **Lee-Baggley, D. L.** (2018, October). “The art and science of Acceptance and Commitment Therapy”. Guest lecture for Advanced Therapies Graduate Course, Department of Psychology and Neuroscience, Dalhousie University, Halifax, NS.
 117. **Lee-Baggley, D. L.** (2018, Sept-Dec). “Professional Readiness and Behaviour Change Counselling Skills”. Workshop provided for Nova Scotia Renal Program, Nova Scotia Health Authority, Halifax, NS.
 118. **Lee-Baggley, D. L.** (2018, September). “Realizing the potential of self-management for chronic illnesses” Workshop provided for the Healthy Living Conference, Halifax, NS.
 119. **Lee-Baggley, D. L.** (2018, September). “Turning “bad” choices into beneficial CVD prevention habits. Presentation for 28th Annual Cardiovascular Symposium Current Perspectives in Cardiovascular Disease by New Brunswick Heart Centre, Saint John, NB.
 120. **Lee-Baggley, D. L.** (2018, Aug). “The Fix-It Urge: Professional resiliency for residents.” Presentation for the Psychology Residents Seminar Series, Nova Scotia Healthy Authority, Halifax, NS.
 121. **Lee-Baggley, D. L.** (2018, June). “What to do when a patient “fires” you, Renal Education Day, Nova Scotia Healthy Authority, Halifax, NS.
 122. Campbell-Scherer, D., Hong, A., Wicklum, S. & **Lee-Baggley, D. L.** (2018, June). “5As Team Training Workshop: A collaborative approach to obesity prevention and Management”. Workshop presented at University of Alberta, Edmonton, AB.
 123. **Lee-Baggley, D. L.** (2018, June). “Why Won’t My Patient be Compliant?” Presentation provided for the 21st Annual Clinical Day in Cardiology, Sydney, NS.
 124. **Lee-Baggley, D. L.** (2018, June). “Building a Culture of Resilience for Healthcare Communities” Presentation provided for the 21st Annual Clinical Day in Cardiology, Sydney, NS.
 125. **Lee-Baggley, D. L.** (2018, May). “The Art and Science of Acceptance and Commitment Therapy for Chronic Disease” Presentation to the Bariatric Centre of Excellence, The Ottawa Hospital, Ottawa, ON.
 126. **Lee-Baggley, D. L.** (2018, May). “Building Personal and Professional Resiliency”. Workshop presented to Catapult Leadership Society, Halifax, NS.
 127. Day, A., **Lee-Baggley, D. L.**, & Gilin Oore, D. (2018, May). “Respect in a Diverse Workplace”. Panel presentation for the Department of Fisheries and Oceans Maritimes Regional Labor Relations Symposium 2018, Halifax, NS.
 128. **Lee-Baggley, D. L.** (2018, April). “The Art and Science of Behaviour Change” Presentation at The Psychology and Neuroscience 44th Annual Graham Goddard In-House Conference, Department of Psychology and Neuroscience, Dalhousie University, Halifax, NS.

129. **Lee-Baggley, D. L.** (2018, May, June). "Introduction to Professional Resiliency". Presentation for gastroenterology Education Days, Nova Scotia Health Authority, Halifax, NS.
130. **Lee-Baggley, D. L.** (2018, May). "What to do with the "non-compliant" patient: Evidence based techniques to motivate adherence. Workshop presented for healthcare providers."
131. **Lee-Baggley, D. L.** (2018, April). "Behaviour Change Counselling Skills". Workshop provided by Behaviour Change Institute, Nova Scotia Health Authority, Halifax, NS.
132. **Lee-Baggley, D. L.** (2018, April). "Managing 'Difficult' Patient Behaviours". Presented provided for Orillia Nephrology Education Day, Orillia, ON.
133. **Lee-Baggley, D. L.** (2018, April). "Emotional Impact of Chronic Disease". Presentation for Information Session on Ankylosing Spondylitis and Psoriatic Arthritis presented by Canadian Spondylitis Association.
134. **Lee-Baggley, D. L.** (2018, April). "The Art and Science of Acceptance and Commitment Therapy for Chronic Disease". Presentation for Bariatric Surgery Program, University of Toronto, School of Medicine, Toronto Western Hospital, University Health Network. Toronto, ON.
135. **Lee-Baggley, D. L.** (2018, April). "The Art and Science of Acceptance and Commitment Therapy for Chronic Disease". Presentation for Advanced Therapy Graduate Course, Clinical Psychology Program, Dalhousie University, Halifax, NS.
136. **Lee-Baggley, D. L.** (2018, March-April). "Acceptance and Commitment Therapy for Chronic Disease". Workshop for Integrated Chronic Care Service, Nova Scotia Health Authority, Halifax, NS.
137. **Lee-Baggley, D. L.** (2018, March). "Acceptance and Commitment Therapy for Victims of Domestic Violence". Workshop for Canadian Domestic Violence Conference 5, Halifax, NS.
138. **Lee-Baggley, D. L.** (2018, March-April). "Building Professional and Personal Resiliency). Workshop for Health and Wellness Program, Mount Saint Vincent University, Halifax, NS.
139. **Lee-Baggley, D. L. & Helson J.** (2018, January). "Finding your voice in the workplace; How to recognize and respond to harassment". Workshop for Women in Film and Television Atlantic (WIFT-AT), Halifax, NS.
140. **Lee-Baggley, D. L.** (2018, January). "How things fall apart: Real life application of interventions". Presentation to graduate program in Human Communication Disorders, Dalhousie University, Halifax, NS.
141. **Lee-Baggley, D. L.** (2018, January). "Behaviour Management: The 'Difficult Patient'". Presentation to education day for Hemodialysis nursing staff, NSHA, Halifax, NS.
142. **Lee-Baggley, D. L.** (2017, December). Introduction to Acceptance and Commitment Therapy. Workshop to Mental Health and Community Health Teams, Hants Community Hospital, East Hants, NS.
143. **Lee-Baggley, D. L. & Day, A.** (2017, November). "EMPOWER Partnership: Resiliency Coaching for employees." Presentation to staff from College of

- Registered Nurses, College of Physician & Surgeons, and the College of Licensed Practical Nurses, Halifax, NS.
144. Day, A. & **Lee-Baggley, D. L.** (2017, November). “The EMPOWER Partnership: Taking ACTION towards Healthy Workers”. Presentation to Occupational Health Nurses Association Nova Scotia Fall 2016 Education Day.
 145. **Lee-Baggley, D. L.** (2017, October). “Behaviour change management in chronic disease”. Plenary for the National Conference of the Canadian Association of Nephrology Nurses and Technologists, Halifax, NS.
 146. **Lee-Baggley, D. L.** (2017, October). “Coping with difficult behaviour.” Workshop for the National Conference of the Canadian Association of Nephrology Nurses and Technologists, Halifax, NS.
 147. **Lee-Baggley, D. L.** (2017, October). “Introduction to Professional Resiliency”. Presentation provided to Cancer Care nurses NSHA, Halifax, NS.
 148. **Lee-Baggley, D. L.** (2017, September). “My patients will not do what I tell them!”. Presentation for the 27th Annual Cardiovascular Symposium Current Perspectives in Cardiovascular Disease, Saint John, New Brunswick.
 149. **Lee-Baggley, D. L.** (2017, September – December). “Professional Readiness and Behavior Change Skills for Healthcare Providers”. Workshop provided for Department of Occupational Health Safety and Wellness (NSHA Provincial program), Halifax, NS.
 150. **Lee-Baggley, D. L.** & Day, A. (2017, July). “Professional Resiliency: the ACTION program.” Presentation provided for 2017 OHP Summer Institute, Halifax, NS.
 151. **Lee-Baggley, D. L.** (2017, July). “Motivating your clients or employees to be Safer and Healthier.” Presentation provided for 2017 OHP Summer Institute, Halifax, NS.
 152. **Lee-Baggley, D. L.** (2017, July). “Introduction to Acceptance and Commitment Therapy.” Workshop provided for ACBS Atlantic Canada Chapter.
 153. **Lee-Baggley, D. L.** (2017, June). “The art and science of Acceptance and Commitment Therapy.” Presentation for Continuing Education for Psychology QEII discipline meeting.
 154. **Lee-Baggley, D. L.** & Rosen, L. (2017, June-August). “Mindfulness for healthcare providers.” 8-week workshop on mindfulness offered at the Nova Scotia Health Authority, Central Zone.
 155. Gordon, T., & **Lee-Baggley, D. L.** (2017, June). “Burnout Inoculation: Using ACT to Prevent Burnout in the Workplace and in Yourself” Workshop provided at the 2017 World Conference, Association for Contextual Behavioral Science, Seville, Spain.
 156. **Lee-Baggley, D. L.**, & Day, A. (2017, May). “EMPOWER Partnership: Resiliency Coaching for NSHA employees” Presentation provided at the North American Occupational Safety and Health Conference, Halifax, NS.
 157. **Lee-Baggley, D. L.** (2017, May). “The Fix-It Urge: Professional resiliency for residents.” Presentation for the Psychology Residents Seminar Series.
 158. **Lee-Baggley, D.L.** (2017, April). “The Fix-It Urge.” Nova Scotia Health Ethics Network Fireside Chats. <https://vimeo.com/213679254>

159. **Lee-Baggley, D. L.**, Leck Merner, K., & Vallis, T. M. (2017, April). "Putting the Life into Lifestyle Management." Workshop at the 5th Canadian Obesity Summit by the Canadian Obesity Network, Banff, Alberta, Canada.
160. **Lee-Baggley, D. L.** (2017, March). "What the heck is RFT". Presentation for ACT peer support group, Halifax, Nova Scotia, Canada.
161. **Lee-Baggley, D. L.** & Day, A. (2017, January). "EMPOWER: Creating healthy workplaces". Presentation for Public Health, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
162. **Lee-Baggley, D. L.** (2017, January). "Introduction to Acceptance and Commitment Therapy". Presentation for Mental Health Program Stadacona Military Base, Halifax, Nova Scotia, Canada.
163. **Lee-Baggley, D. L.**, Vallis, T. M., Kirk, S., & Earle, D. (2017, January). *Obesity Panel: Addressing Stigma in Obesity Management*. Presentation for medical residents, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
164. **Lee-Baggley, D. L.** & Day, A. (2016, November). "*ACTion study*". Presentation for Occupational Health, Safety & Wellness, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
165. **Lee-Baggley, D. L.** (2016, November). "*How to cope with making a mistake*". Presentation for 6B Education Days (3 sessions), Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
166. **Lee-Baggley, D. L.** & Vincent, N. (2016, November). "*Professional Resiliency for Physicians*". 4-week Workshop for Nephrology Academic Rounds, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
167. **Lee-Baggley, D. L.** (2016, November). "*How to get patients out of bed and back to their life*". Presentation for MOTP Education Day, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
168. **Lee-Baggley, D. L.** (2016, November). "*Introduction to Professional Resiliency*". Presentation for Renal Education Days (4 sessions), Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
169. **Lee-Baggley, D. L.** (2016, August). "*Multilevel Modeling for Couples Research*". Workshop in the Department of Neuroscience and Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
170. **Lee-Baggley, D. L.** (2017, August). "*Using ACT to foster health behaviours*". Presentation for ACBS Sponsored Peer Supervision Group, Halifax, Nova Scotia, Canada.
171. **Lee-Baggley, D. L.** & Vincent, N. (2016, June-July). "*Behaviour Change tools for physiotherapists*". Presentation for Physiotherapists Continuing Education, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
172. **Lee-Baggley, D. L.** (2016, March). "*Acceptance and Commitment Therapy: An Introduction*". Workshop provided for ACBS Sponsored Peer Supervision Group, Halifax, Nova Scotia, Canada.
173. **Lee-Baggley, D. L.** & Chorney, J. (2016, February-May). "*Professional Resiliency*". Training for Multi Organ Transplant Program, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.

174. **Lee-Baggley, D. L.,** Vallis, T. M., Kirk, S., & Earle, D. (2016, January). *Obesity Panel: Addressing Stigma in Obesity Management*. Presentation for medical residents, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
175. Vallis, M. T., & **Lee-Baggley, D. L.** (2016, January). “*Behaviour Change in Obesity Management*”. Training for Partners for Healthier Weight, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
176. **Lee-Baggley, D. L.** (2015, December). “*Working with Challenging Patients*”. MOTP 6B Education Day, Halifax, Nova Scotia, Canada.
177. **Lee-Baggley, D. L.** (2015, December). “*Behaviour Change Tools: How to get patients to engage in healthy behaviours.*” Workshop for Community Health Team Cobequid Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
178. **Lee-Baggley, D. L.,** Chorney, J., Harvill, S. (2015, November-December). “*Professional Resiliency*”. Training for Multi Organ Transplant Program, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
179. **Lee-Baggley, D. L.** (2015, October). “*Behaviour Change*”. Workshop for Nova Scotia Hearing and Speech Centres Annual Conference, Halifax, Nova Scotia, Canada.
180. **Lee-Baggley, D. L.** (2015, September). “*Behaviour Change Tools: How to get patients to engage in healthy behaviours.*” Workshop for Community Health Team Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
181. **Sherry, D. L.** (2015, May). “*What to do when your patient won’t change: Behaviour change skills for Primary Care*”. Workshop for Primary Health Care Week. Primary Care, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
182. **Sherry, D. L.** (2015, May). *Building capacity in practice to support emotion management for patients*. Education session for Primary Health Care Week. Primary Care, Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
183. **Sherry, D. L.** (2015, May). “*Communication Struggles in the Workplace*”. MOTP Education Day, Halifax, Nova Scotia, Canada.
184. **Sherry, D. L.** (2015, April). “*Working with ‘Challenging’ Patients*”. Training provided to staff in the 6B inpatient unit at Nova Scotia Health Authority, Halifax, Nova Scotia, Canada.
185. **Sherry, D. L.** (2015, March 25). Clinical Psychology. Presentation to Health and Human Services Class, Citadel High School.
186. **Sherry, D. L.,** & Haley, J. (2015, March-April). *Behaviour Change Skills Competency Training Modules*. Workshop (4 sessions) provided to staff in the Nephrology Program at Capital Health, Halifax, Nova Scotia, Canada.
187. **Sherry, D. L.** (2015, February). *Addressing non-adherence: Behaviour Change Tools*. Presentation for medical residents, Capital Health, Halifax, Nova Scotia, Canada.
188. **Sherry, D. L.** (2015, January). *Obesity Panel*. Presentation for medical residents, Capital Health, Halifax, Nova Scotia, Canada.
189. **Sherry, D. L.** (2014, December). *Motivational Communication*. Presentation for Nephrology Orientation Day, Capital Health, Halifax, Nova Scotia, Canada.
190. **Sherry, D. L.,** & McLaughlin, E. (2014, November). *What to do with the "non-compliant" patient: Special issues in dealing with children, adolescents, and*

- families*. Presentation for the Atlantic Provinces Pediatric Hematology/Oncology Network Conference.
191. **Sherry, D. L.** (2014, November). *What to do with the “non-compliant” patient: Behaviour change tools for pharmacists*. Presentation for the Dalhousie Continuing Pharmacy Education Annual Refresher, Halifax, Nova Scotia, Canada.
 192. **Sherry, D. L.** (2014, October). *How pharmacists can be agents of behavior change*. Presentation for the Pharmacy Conference: Non Traditional Roles in Pharmacy, Halifax, Nova Scotia, Canada.
 193. **Sherry, D. L., & McLaughlin, E.** (2014, October). *What to do with the “non-compliant” patient: Special issues in dealing with children, adolescents, and families*. Presentation for Continuing Education for IWK Nephrology Team.
 194. Vallis, T. M., Chorney, J., **Sherry, D. L.**, Gillespie, J., & McLaughlin, E. (2014, October). *Motivational Communication*. Two-day training provided to staff at the IWK, Halifax, Nova Scotia, Canada.
 195. **Sherry, D. L., & Haley, J.** (2014, May-June). *Behaviour Change Skills Competency Training Modules*. Workshop (4 sessions) provided to staff in the Nephrology Program at Capital Health, Halifax, Nova Scotia, Canada.
 196. **Sherry, D. L.** (2014, July). *Behaviour change tools for dieticians*. Presentation for the Capital Health Dieticians meeting, Halifax, Nova Scotia, Canada.
 197. **Sherry, D. L.** (2014, May). *What to do when patients don’t take their meds (and other behavioural problems)*. Presentation for the Nova Scotia Branch of the Canadian Society of Hospital Pharmacists Education Day, Halifax, Nova Scotia, Canada.
 198. **Sherry, D. L.** (2014, May). *Achieving a Healthy Weight: Tools for Success*. Presentation for Take Off Pounds Sensibly (TOPS) Provincial Recognition Days, Halifax, Nova Scotia, Canada.
 199. **Sherry, D. L., & Sherry, S. B.** (2014, February). *Managing “difficult” patients*. Presentation for the Capital Health Nephrology Program Lunch and Learn Series, Halifax, Nova Scotia, Canada.
 200. **Sherry, D. L., & Sherry, S. B.** (2014, February). *What to do with the “non-compliant” patient*. Presentation for the Multi-Organ Transplant Program Lunch and Learn Series, Halifax, Nova Scotia, Canada.
 201. **Sherry, D. L.** (2013, June). *Coping with difficult behaviour*. Presentation for the Regional Symposium of the Canadian Association of Nephrology Nurses and Technologists, Dartmouth, Nova Scotia, Canada.
 202. **Sherry, D. L., & Sherry, S. B.** (2013, June). *Coping with difficult behaviour*. Paper presented at the Regional Symposium of the Canadian Association of Nephrology Nurses and Technologists, Dartmouth, Nova Scotia, Canada.
 203. McIntyre, B., & **Sherry, D. L.** (2011, April). *Work up for kidney-pancreas transplant: A case study*. Presentation for Nursing/Allied Health Education Rounds, Halifax, Nova Scotia, Canada.
 204. **Sherry, D. L., & Sherry, S. B.** (2011, November). *The perfectionism model of binge eating*. Presentation for the QEII Continuing Education Series for Psychology, QEII Health Sciences Centre, Halifax, Nova Scotia, Canada.

205. **Sherry, D. L.** (2009, March). *These are all good ideas...Now how do I put them into action? Making healthy changes*. Invited talk presented at the LiveRight Education Sessions for the Canadian Liver Foundation, Halifax, Nova Scotia, Canada.
206. **Sherry, D. L., & Hutchings, V. M.** (2008, May). *Suicide: What you need to know*. Presentation for Rehabilitation Rounds, Halifax, Nova Scotia, Canada.

Theses

1. **Lee-Baggley, D. L.** (2005). *Stable, situational and interpersonal influences in stress and coping: A daily process study*. Dissertation. University of British Columbia, Vancouver, BC, Canada.
2. **Lee-Baggley, D. L.** (2002). *Personality, stress and coping in step-families: A daily process study*. Masters thesis. University of British Columbia, Vancouver, BC, Canada.
3. **Lee-Baggley, D. L.** (2000). *The relationship between response styles to depression and negative mood regulation expectancies*. Honours thesis. University of Calgary, Calgary, AB, Canada.

MEDIA RELATIONS (75 total)

1. 'It does get magnified': Mother describes grief during the holidays (December 31, 2025). CTV News. <https://vancouverisland.ctvnews.ca/canada/article/we-still-celebrate-him-one-mothers-experience-with-grief-over-the-holidays/>
2. Clinical psychologist shares tips on how to stay informed, but not overwhelmed (April 1, 2025). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/clinical-psychologist-shares-tips-on-how-to-stay-informed-but-not-overwhelmed/>
3. Six Maritimers killed by domestic violence in three months, raising urgent calls for action (January 6, 2025). CTV New Atlantic. <https://www.ctvnews.ca/atlantic/article/six-maritimers-killed-by-domestic-violence-in-three-months-raising-urgent-calls-for-action/>
4. N.S. advocates say physical and mental health require same level of care (January 3, 2025). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/ns-advocates-say-physical-and-mental-health-require-same-level-of-care/>
5. The ancient origins of New Year's resolutions and how the tradition has changed (December 31, 2024). CTV News. <https://www.ctvnews.ca/lifestyle/article/the-ancient-origins-of-new-years-resolutions-and-how-the-tradition-has-changed/>
6. What to watch: Highlights from CTV Morning Live (December 30, 2024). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/what-to-watch-highlights-from-ctv-morning-live-84/>
7. 'It's almost incalculable': The costs of workplace conflict and how to reduce them (October 2, 2024). Canadian HR Reporter. <https://www.hrreporter.com/focus-areas/conflict-management/its-almost-incalculable-the-costs-of-workplace-conflict-and-how-to-reduce-them/388877>

8. Parenting stress and loneliness are on rise, experts say (September 1, 2024). CTV News. <https://www.ctvnews.ca/lifestyle/article/parenting-stress-and-loneliness-are-on-rise-experts-say/>
9. From struggle to support: Maritime man helps others overcome mental health struggles (June 11, 2024). CTV News Atlantic. <https://atlantic.ctvnews.ca/from-struggle-to-support-maritime-man-helps-others-overcome-mental-health-struggles-1.6919524>
10. Our relationship with technology (June 6, 2024). Interview with Todd Veinotte for City News 957.
11. Why some Maritimers are ditching smartphones and social media (May 30, 2024) CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/why-some-maritimers-are-ditching-smartphones-and-social-media/>
12. Innovative solutions offered to tackle burnout (March 20, 2024). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/innovative-solutions-offered-to-tackle-burnout/>
13. Beating burnout (March 20, 2024) CTV News Atlantic. <https://atlantic.ctvnews.ca/video/c2888961-first-at-five--beating-burnout>
14. Women's heart health and the workplace (March 8, 2024) CBC radio interviews
15. It's time to combat obesity bias in the workplace (March 4, 2024). The Globe and Mail. <https://www.theglobeandmail.com/business/adv/article-its-time-to-combat-obesity-bias-in-the-workplace/#:~:text=%E2%80%9CIn%20the%20workplace%2C%20someone%20might,is%20unjust%20treatment%20of%20individuals.%E2%80%9D>
16. Maritimers battle through Blue Monday (January 15, 2024). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/maritimers-battle-through-blue-monday/>
17. New data from Narrative Research shows stress levels in Canada are on the rise (December 13, 2023). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/new-data-from-narrative-research-shows-stress-levels-in-canada-are-on-the-rise/>
18. 6 months and counting: Homeless crisis could leave some struggling with mental health (December 6, 2023). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/6-months-and-counting-homeless-crisis-could-leave-some-struggling-with-mental-health/>
19. World Kindness Day offers friendly reminder to treat yourself, others with kindness (November 13, 2023). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/world-kindness-day-offers-friendly-reminder-to-treat-yourself-others-with-kindness/>
20. Compassion fatigue felt in the maritimes. (November 1, 2023). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/compassion-fatigue-felt-in-the-maritimes/>
21. Back to school anxiety and Burnout. (September 12, 2023) Interview with Todd Veinotte for City News 957.
22. 'We didn't recharge': Extra back-to-school anxiety this year blamed on stressful summer in the Maritimes (September 7, 2023). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/we-didnt-recharge-extra-back-to-school-anxiety-this-year-blamed-on-stressful-summer-in-the-maritimes/>

23. Maritimers try to cope with bumper summer weather (July 19, 2023). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/maritimers-try-to-cope-with-bummer-summer-weather/>
24. Rainy Maritime weather dampens summer spirits for many (July 19, 2023). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/rainy-maritime-weather-dampens-summer-spirits-for-many/>
25. New research shows growing percentage of Canadians are struggling with sleep. (June 27, 2023). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/new-research-shows-growing-percentage-of-canadians-are-struggling-with-sleep/>
26. Pushback against online sports betting ads (May 25, 2023). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/pushback-against-online-sports-betting-ads/>
27. Destruction of Pride flag at Halifax home raises concerns about rise in hate-motivated acts in N.S. (May 3, 2023). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/destruction-of-pride-flag-at-halifax-home-raises-concerns-about-rise-in-hate-motivated-acts-in-n-s/>
28. Maritimers echo poll results as Canadians report feeling more unsafe since the pandemic (April 12, 2023). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/maritimers-echo-poll-results-as-canadians-report-feeling-more-unsafe-since-the-pandemic/>
29. Study shows more Canadian employees are comfortable talking mental health on the job (March 29, 2023). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/study-shows-more-canadian-employees-are-comfortable-talking-mental-health-on-the-job/>
30. 'Where did you three Angels come from?': Stranded motorist grateful for kindness of strangers (February 14, 2023). Interview with Bruce Frisko, CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/where-did-you-three-angels-come-from-stranded-motorist-grateful-for-kindness-of-strangers/>
31. How minutes of movement could beat the winter blues (January 26, 2023). CTV News. <https://www.ctvnews.ca/atlantic/article/how-minutes-of-movement-could-beat-the-winter-blues/>
32. 'Quiet quitting' catches on as workers set work-day boundaries (August 25, 2022). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/world-kindness-day-offers-friendly-reminder-to-treat-yourself-others-with-kindness/>
33. Work-life balance law in Ontario sparks reaction in Nova Scotia (June 6, 2022). Interview with Paul Hollingsworth, CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/work-life-balance-law-in-ontario-sparks-reaction-in-nova-scotia/>
34. 'Sometimes it's not about being more resilient': How mothers are managing during challenging times (May 12, 2022). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/sometimes-its-not-about-being-more-resilient-how-mothers-are-managing-during-challenging-times/>
35. Poll suggests young people's mental health hit hardest by the pandemic (March 17, 2022). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/poll-suggests->

- [young-peoples-mental-health-hit-hardest-by-the-pandemic/](#)
36. Thinking Out Loud with Sheldon MacLeod: From surviving to thriving in difficult times (March 1, 2022). Interview with Sheldon MacLeod for Saltwire. <https://www.saltwire.com/atlantic-canada/opinion/thinking-out-loud-with-sheldon-macleod-from-surviving-to-thriving-after-difficult-times-100700324/>
 37. Keep wearing your mask if you want to because it's no one's business (February 17, 2022). Interview with Suzanne Rent, Halifax Examiner. <https://www.halifaxexaminer.ca/featured/keep-wearing-your-mask-if-you-want-to-because-its-no-ones-business/>
 38. New campaign puts spotlight on daily struggles of New Brunswick nurses (February 4, 2022). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/new-campaign-puts-spotlight-on-daily-struggles-of-new-brunswick-nurses/>
 39. How to Start Working Out—and Find a Fitness Routine That Sticks (February 4, 2022). Cari Wira Dineen, Real Simple. <https://www.realsimple.com/health/fitness-exercise/workouts/how-to-start-working-out>
 40. Are you feeling burned out? You're not alone, says Halifax-based psychologist (January 25, 2022). City News. <https://halifax.citynews.ca/local-news/are-you-feeling-burned-out-youre-not-alone-says-halifax-based-psychologist-4990532>
 41. More than one third of working Canadians are feeling burnt out: study (January 17, 2022). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/more-than-one-third-of-working-canadians-are-feeling-burnt-out-study/>
 42. Some Nova Scotians feeling the mental health impacts of COVID-19 isolation (December 29, 2021). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/some-nova-scotians-feeling-the-mental-health-impacts-of-covid-19-isolation/>
 43. 'The clocks are resetting': Nova Scotians brace for restrictions as COVID-19 numbers spike (December 15, 2021). Global News. <https://globalnews.ca/news/8453608/new-covid-restrictions-ns/>
 44. COVID-19 fatigue & frustration sets in for Maritimers as cases climb, variant spreads (December 14, 2021). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/covid-19-fatigue-frustration-sets-in-for-maritimers-as-cases-climb-variant-spreads/>
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- William Mayle, Eat This, Not That! <https://www.eatthis.com/the-secret-mental-trick-for-getting-a-lean-body-say-experts/>
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 50. After attack in London, Ont., three Muslim women in Halifax find ways to cope with grief, discrimination (June 12, 2021). Saltwire. <https://www.saltwire.com/atlantic-canada/news/after-attack-in-london-ont-three-muslim-women-in-halifax-find-ways-to-cope-with-grief-discrimination-100599178/>
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 53. Pandemic continues to take toll on mental health in the Maritimes (April 23, 2021). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/pandemic-continues-to-take-toll-on-mental-health-in-the-maritimes/>
 54. Atlantic Canadians least likely to get vaccinated: poll (April 13, 2021). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/atlantic-canadians-least-likely-to-get-vaccinated-poll/>
 55. Maritimers look forward to better times in the home stretch of COVID-19 (March 11, 2021). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/maritimers-look-forward-to-better-times-in-the-home-stretch-of-covid-19/>
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 58. Now is not the time to change strategy on tackling gambling addiction, advocate says (January 28, 2021). CTV News Atlantic. <https://www.ctvnews.ca/atlantic/article/now-is-not-the-time-to-change-strategy-on-tackling-gambling-addiction-advocate-says/>
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- [woman-hopes-new-book-will-help-maritimers-coping-with-covid-19/](#)
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 63. COVID-19: What a psychologist wants you to know (April 15, 2020). Interview for Heart & Stroke Health Seekers article. <https://www.heartandstroke.ca/articles/covid-19-what-a-psychologist-wants-you-to-know>
 64. A psychologist's advice to maintain your routine during the COVID-19 pandemic (April 2, 2020). CBC News. <https://www.cbc.ca/news/canada/nova-scotia/psychologist-halifax-routine-covid-19-1.5519715#:~:text=Dayna%20Lee%2DBaggley%20with%20the,stick%20to%20a%20daily%20routine.>
 65. ‘We're really not alone’: A psychologist's advice for finding calm amid COVID-19. (March 15, 2020). CBC News. <https://www.cbc.ca/news/canada/nova-scotia/clinical-psychologist-dayna-lee-baggley-caveman-mind-mental-health-anxiety-risk-reality-1.5496929>
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 67. Alleged harassment at French film festival leads to Halifax workshop for women (January 19, 2018). CBC News. <https://www.cbc.ca/news/canada/nova-scotia/sexual-harassment-cannes-screen-industry-workshop-atlantic-canadian-women-1.4495432>
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 69. Physical activity can help you with your mental health (May 5, 2017). Global News. <https://globalnews.ca/video/3430488/physical-activity-can-help-you-with-your-mental-health>
 70. Canadian health professionals meet in Halifax, discuss childhood obesity. (October 25, 2016). Global News.
 71. Making a Difference in Bioethics: Death, Dying, and the “Fix-It-Urge” (August 16, 2016). Impact Ethics. <https://impactethics.ca/2016/08/16/death-dying-and-the-fix-it-urge/>
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 75. Perfectionism. (2007, March 29). *CTV Your Health News*.

TEACHING AND SUPERVISORY EXPERIENCE

SUPERVISORY EXPERIENCE

Healthcare Professionals			
Year		Name	Supervisory Role
Start	Finish		
2020	2021	Jackie Huberman (PhD Psychologist)	NSBEP Registration Co-Supervisor
2020	2021	Clair Barefoot (PhD Psychologist)	NSBEP Registration Co-Supervisor
2020	2021	Tamara Speth (PhD Psychologist)	NSBEP Registration Co-Supervisor
2020	2020	Lee Park (MA psychologist)	NSBEP Registration Co-Supervisor
2019	present	Shea O'Bertos (MA Psychologist)	NSBEP Registration Co-Supervisor
2018	2019	Kate Rancourt (PhD Psychologist)	NSBEP Registration Supervisor
2018	present	Maggie Khouri (MA Psychologist)	NSBEP Registration Supervisor
2018	2020	Angelina MacLellan (MA Psychologist)	NSBEP Registration Co-Supervisor
2017	2022	Celine Robert (MA Psychologist)	NSBEP Registration Supervisor
2018	2019	Sulaye Thakrar (PhD Psychologist)	NSBEP Registration Co-Supervisor
2018	2018	Nick Symon (MA Counselor)	Clinical Supervisor in EFT for couples
2018	2018	Stefanija Jaksetic Dujc (Therapist)	Clinical Supervisor in EFT for couples
2018	2018	Jean Chen (MA Counselor)	Clinical Supervisor in EFT for couples
2018	2019	Jag Arora (MD, Family Physician)	Clinical Supervisor in EFT for couples
2017	2017	Kelly Davidson (M.Ed, Counselling Therapist)	Clinical Supervisor in EFT for couples
2017	2017	Hilary Green (PhD Psychologist)	Clinical Supervisor in EFT for couples
2017	2018	Alyaa Abouzied (MD, Family Physician)	Clinical Supervisor in ACT

2016	2017	Paula Luedemann (MA Psychologist)	Clinical Supervisor in ACT
2016	2018	Nicolle Vincent (PhD Psychologist)	NSBEP Registration Supervisor
Graduate Students			
Year		Student Name	Supervisory Role
Start	Finish		
2024		Lanxi Wang	Research project supervisor
2023		Harley Harwood	Research project supervisor
2021		Holly Truglia	MA Thesis Co-Supervisor and MITACS co-supervisor
2022		Megan Manels-Murphy	Research project supervisor; MITACS industry co-supervisor
2023		Hayam Bakour	MITACS industry co-supervisor
2022	2023	Michael Foote	MA Committee Member; Clinical research supervisor
2022	2023	Ehsan Etezzad	Research project supervisor
2022	2023	Christine Novitsky	Research project supervisor
2022	2022	Mahboobe Sahebi	Research project supervisor
2021	2021	Erin Dempsey	Research project supervisor
2020	2021	Emilie Lacroix	Pre-Doctoral Clinical Psychology Residency Supervisor
2019	2020	Jackie Huberman	Pre-Doctoral Clinical Psychology Residency Supervisor
2019	2019	Jason Isaacs	Clinical Practicum Supervisor
2019	2019	Christiane Whitehouse	Clinical Practicum Supervisor
2018	2019	Sara Bartel	Clinical Practicum Supervisor
2018	2018	Kayla Brown	MA Thesis External Examiner
2017	2019	Meredith Ivany	MA Committee Member
2017	2017	Alycia Damp	MA Thesis External Examiner
2018	2018	Adrijana Krsmanovic	Pre-Doctoral Clinical Psychology Residency Supervisor
2018	2019	Tanya Bilisbury	Clinical Practicum Supervisor & Independent Research Project Supervisor
2016	2017	Lianne Rosen	Pre-Doctoral Clinical Psychology Residency Supervisor
2017	2017	Kristen Bailey	Clinical Practicum Supervisor
2016	2016	Kate Rancourt	Clinical Practicum Supervisor
2015	2016	Karen O'Brien	Pre-Doctoral Clinical Psychology Residency Supervisor
2014	2015	Kate Williamson	Pre-Doctoral Clinical Psychology Residency Co-Supervisor

2014	2015	Gabrielle Page	Pre-Doctoral Clinical Psychology Residency Co-Supervisor
Undergraduate Students			
Year		Student Name	Supervisory Role
Start	Finish		
2021	2023	Alexandra Dagher	Research Project Supervisor
2021	2022	Holly Truglia	Research Supervisor
2022	2022	Lanxi Wang	Research Project Co-Supervisor
2021	2022	Caitlin Hayes	Research Project Co-Supervisor
2019	2019	Joseph MacNeil	Research Project Supervisor
2018	2018	Alec Cranston	Research Project Co-Supervisor
2016	2017	Thomas Helson	Research Project Co-Supervisor
2015	2016	Nealis Logan	Research Project Co-Supervisor
2011	2012	Aislin Graham	Research Project Co-Supervisor

TEACHING EXPERIENCE

- 2017-2018 *Part time teacher, Saint Mary's University*
-taught first year psychology course (Social Psychology)
- 2016-present *Guest Lecturer, Dalhousie University*
-provided guest lectures for graduate courses in Clinical Interventions and Clinical Rounds/ Case Conference, Advanced Clinical Skills
- 2012-present *Guest Lecturer, Dalhousie University*
-provided guest lectures for undergraduate course in abnormal and personality psychology
- 2002-2007 *Guest Lecturer, University of British Columbia and University of Saskatchewan*
-provided guest lectures for undergraduate and graduate courses in personality psychology, abnormal psychology, and health psychology
- 2001-2004 *Teaching Assistant, University of British Columbia*
-graded exams and term papers, held regular office hours, and handled student concerns for undergraduate courses in abnormal psychology, health psychology, culture and evolution, and history of psychology

PROFESSIONAL ACTIVITIES

Membership in Professional Organizations

2024 – present Member, American College of Lifestyle Medicine

- 2021 – present Member, Asian SIG, ACBS
- 2020 – present Member, Diversity, Equity and Inclusion Special Interest Group, ACBS
- 2018 – present Member, Women in ACBS Special Interest Group
- 2018 – present Member, Obesity Coalition
- 2016 – present Member, Atlantic Canada Chapter, Association for Contextual Behavioral Science
- 2014 – present Member, Association for Contextual Behavioral Science
- 2013 – present Member, Obesity Canada
- 1999 – present Member, Canadian Psychological Association
- 2013 – 2020 Member, International Centre for Excellence in Emotionally Focused Therapy
- 2000 – 2006 Member, American Psychological Association

Committees and Community Involvement

- 2022 – present Workplace Guidelines Team, Obesity Canada
- 2023 – present James Lind Alliance (JLA) “About the Obesity Care in Canada Priority Setting Partnership” Committee member
- 2023 – present TC Z305 (Home and community care) committee member, Canadian Standards Association Group (CSA)
- 2023 – present Vital Anesthesia Simulation Training (VAST) Well-Being, curriculum development and review committee member
- 2022 – present Justice, Equity, Diversity and Inclusion, Leadership Committee, ACBS
- 2021 – present Contextual Behavioral Scientist-Practitioner Network (CBSPN) Organizing Committee, ACBS
- 2020 – present Co-host of the Follies at the ACBS World Conference
- 2020 – present Centering Science Task Force, ACBS
- 2023 Focus group on physical, psychological and cultural safety in healthcare, Canadian Medical Association
- 2022 – 2024 Education Action Team, Obesity Canada
- 2022 – 2023 Canadian Obesity Summit Scientific Program Planning Committee, Obesity Canada
- 2018 – 2024 Member, Clinical Advisory Committee, Tabaco Nova Scotia
- 2018 – 2023 Member, Canadian Spondylitis Association - Mental Health Project
- 2018 – 2022 Member, Scientific Advisory Board, Bausch Health
- 2019 – 2020 Past-president, Atlantic Canada Chapter, Association for Contextual Behavioral Science
- 2017 – 2019 President, Atlantic Canada Chapter, Association for Contextual Behavioral Science
- 2016 – 2018 Host, ACT Peer Supervision Group
- 2016 – 2017 President-Elect, Atlantic Canada Chapter, Association for Contextual Behavioral Science
- 2016 – 2019 Vice Chair, Halifax Chapter, Canadian Obesity Network
- 2015 – 2019 Member, Professional and Ethical Standards Committee, Psychology: QEII

2014 – 2015	Lead, Multi-Organ Transplant Program Respectful Workplace Team Plan
2013 – 2018	Member, Partners for Healthier Weight Advisory Board and Research Committee
2013 – 2020	Member, Multi-Organ Transplant Program Quality Control Committee
2013 – 2019	Expert Contributor, Nova Scotia Renal Program, Home Dialysis Steering Committee
2012 – 2015	Member, Psychology Advocacy Action Committee, Psychology: QEII
2007 – 2021	Member, Selection Committee, Psychology- QEII Predoctoral Residency in Clinical Psychology
2007 – 2009	Co-Chair, Multi-Organ Transplant Program Promise Council on outcomes measurement, Capital Health
2005 – 2006	Member, Resident Advisory Committee
2003 – 2006	Campus Representative, American Psychological Association of Graduate Students (APAGS)
2003 – 2004	Co-Coordinator, Clinical Seminar Series
2002	Volunteer, Dining with Dignity
2001 – 2002	Treasurer, Psychology Graduate Student Council
2001 – 2002	Co-chair, Green College Social Committee
2001	First Year Representative, Psychology Graduate Student Council
2001	Co-editor, Green College <i>Conversations</i> Publication
2000 – 2002	Director, Green College Dining Society Board of Directors
2000 – 2001	Director of Student Affairs (Elected Executive), UBC Graduate Student Society
2000 – 2001	Member, Green College Outreach Committee

Editorial Board

2021- 2024 *Journal of Contextual Behavioral Sciences*

Ad-Hoc Reviewer

Personality and Individual Differences

SAGE Open

BMC Obesity

Canadian Journal of Diabetes

Journal of Contextual Behavioral Sciences

Frontiers in Psychology, section Clinical and Health Psychology

Canadian Journal of Pain

Public Health

Conference proceedings reviewer

2023 Obesity Summit Scientific Committee

2017-2019, 2023 Reviewer for ACBS grant program

2021 Reviewer of conference proceedings submissions for 2021 Collaborative Family Healthcare Association

CONTINUING EDUCATION

1. Systems thinking (1 day course), June 2024. Halifax, NS
2. 3-day Obesity and Hypertension in Canada Conference (April, 2024, Banff, AB)
3. 2-day Health Summit, Canadian Medication Association (October, 2023, Ottawa, ON)
4. 2-day Canadian Conference on Physician Health, Canadian Medication Association (November, 2023, Montreal QC)
5. 1-day Vascular hosted by Canadian Cardiovascular Society, Canadian Society of Endocrinology and Metabolism, Canadian Venous Thromboembolism Research Network (CanVECTOR), Diabète Quebec, Diabetes Canada and Thrombosis Canada (October, 2023, Montreal QC)
6. 3-day Canadian Obesity Summit (May, 2023, Whistler, BC)
7. Diverse Voices Family Violence Conference (November 2022, Virtual)
8. Don't let the "TR" fool you: The DSM-5TR is far more than a text revision. Presented by APA approved speaker Greg Neimeyer by the Association of Psychologists of Nova Scotia in partnership with APA-CESPPA (August 2022, Virtual)
9. 5-day ACBS World Conference (2022, San Francisco)
10. Compassion in Therapy Summit 2022 (4 days, April, 2022, virtual)
11. Polyvagal Theory Can Revolutionize Your Work with Trauma Survivors (April, 2022, virtual)
12. Working Effectively with Indigenous Peoples presented by Indigenous Corporate Training Inc. (June 2021)
13. Pain Society of Alberta, 2-day World Pain Summit (October 2021, virtual)
14. ACT for Trauma with Russ Harris (Fall, 2021, virtual)
15. 5-day ACBS World Conference (2021, Virtual)
16. ACT for Grief and Loss with Russ Harris (October 2021)
17. Russ Harris – Tune Up Tuesdays (8 sessions, 2020, virtual)
18. 8-week Sparks Diversity Empowerment Series (2020, virtual)
19. "Working with Asian Clients" presented by Asian Special Interest Group, ACSB (October, 2020, virtual)
20. 5-day ACBS World Conference (2020, virtual)
21. IH Masters in Behavioral Health Session III. (2019, November 4.)
22. 2 hours individual supervision for certification as EFT supervisor with Lorrie Brubacher (certified trainer and supervisor in EFT for couples; July, 2019)
23. 5-day ACBS World Conference 15 (2019, Ireland)
24. 2 day workshop "Focusing on the Meaning and Development of the Therapeutic Relationship: Acceptance and Commitment Therapy and Evolution Science" with Kelly Wilson, Ph.D. (Dublin, Ireland, June 2019).
25. 1 day workshop "ACT and Diversity with an LGBTQ emphasis" presented by Matthew D. Skinta, PhD, ABPP. (Halifax, NS. May, 2019)
26. 2 hours individual supervision for certification as EFT supervisor with Lorrie Brubacher (certified trainer and supervisor in EFT for couples; 2018)
27. 2 hours individual supervision in EFT supervisor with Lorrie and Robert Allan, PhD (certified trainer and supervisor in EFT for couples; 2018)

28. 5-day ACBS World Conference 15 (2019, Dublin, Ireland)
29. 5-day ACBS World Conference 15 (2018, Montreal, Quebec)
30. 2-day workshop “Exploring a Process-Focused Approach to Understanding and Practicing Compassion Focused Therapy” with Dennis Tirch, Ph.D., Laura Silberstein, Psy.D., Russell Kolts, Ph.D. (Montreal, QC).
31. 1-day Health And... Data Science and Public Action Conference by New York University, Department of Population Health (2018, New York, NY)
32. 2-day workshop on An introduction to Compassion Focused Therapy (CFT) with Paul Gilbert, Dennis Tirch, and Laura Silberstein (2017, Seville, Spain).
33. 5-day ACBS World Conference 15 (2017, Seville, Spain)
34. 1-day workshop on Emotion Focused Therapy for Individuals with Dr. Cheryl Aubie (2017, Halifax, NS).
35. 8-day clinical workshop (I served as a facilitator) Core Skills for Emotion Focused Therapy with Marlene Best, Gail Palmer, Normand Gingras and Paul Greenman (2017, Halifax, NS).
36. 4-day clinical workshop (I served as a facilitator) on Emotion Focused Therapy: A Four Day Externship in Emotionally Focused Therapy for Couples” with Gail Palmer and Robert Allan (2017, Halifax, NS).
37. 1-day workshop on Designing & Conducting Focus Groups in Health Research by Olga Kits, Research Methods Unit (2017, Halifax, NS)
38. 2-day workshop on Acceptance and Commitment Therapy with Dr. Lisa Coyne (2016, Halifax, NS)
39. 1-day workshop on Acceptance and Commitment Therapy with Dr. Susie McAfee (2016, Halifax, NS)
40. 2-day Advanced Externship in Emotion Focused Therapy with Robert Allan, Ph.D. (2016, Halifax, NS)
41. 4 hours individual supervision in Acceptance and Commitment Therapy with Jason Luoma, Ph.D. (2016-2017)
42. 20 hours group supervision in Emotion Focused Therapy with Margaret MacDonell (2015-2016, Halifax, NS)
43. 11 hours individual supervision in Emotion Focused Therapy with Robert Allan, Ph.D. (2016, Halifax, NS)
44. Monthly peer supervision group on Acceptance and Commitment Therapy co-sponsored by Atlantic Canada Chapter of ACBS (2016-present)
45. 8-week online training Advanced workshop on Acceptance and Commitment Therapy with Russ Harris, Ph.D. (2016, Halifax, NS)
46. 2-day clinical workshop on “Mastering the Clinical Conversation: Language as Intervention” (Relational Frame Theory) with Matthieu Villatte, Ph.D., Jennifer L. Villatte, Ph.D., and Steven C. Hayes, Ph.D. (2016, Seattle, WA, USA).
47. Monthly peer supervision group on Acceptance and Commitment Therapy (2015-2016)
48. 4-day clinical workshop (I served as a facilitator) on Emotion Focused Therapy titled: A Four Day Externship in Emotionally Focused Therapy for Couples” with Gail Palmer (2015, Halifax, NS).
49. 1-day clinical workshop on Acceptance and Commitment Therapy in Primary Care with Patricia Robnison, Ph.D. and Kirk Strosahl, Ph.D. (2015, London, UK)

50. 1-day clinical workshop on Functional Analytic Psychotherapy with Robert Kohlenberg, Ph.D. and Mavis Tsai, Ph.D. (2015, Seattle, WA, USA)
51. 1-day clinical workshop on Acceptance and Commitment Therapy in Primary Care with Patricia Robsinson, Ph.D. and Kirk Strosahl, Ph.D. (2015, Seattle, WA, USA)
52. 8-week online training workshop on Acceptance and Commitment Therapy with Russ Harris, Ph.D. (2015, Halifax, NS)
53. 6-week research workshop on Qualitative Health Research by Olga Kits, Research Methods Unit (2015, Halifax, NS)
54. 1-day clinical workshop on legal issues in clinical psychology: “Be Prepared: The Law Will Find You: Understand your rights and ethical responsibilities when interacting with lawyers and the Courts” with Myles Genest, Ph.D. Chief Psychologist of Genest MacGillivray Psychologists and Dan Ingersoll, QC of Cox & Palmer Law Firm (2014, Halifax, NS)
55. 4-day clinical workshop on Emotion Focused Therapy titled: A Four Day Externship in Emotionally Focused Therapy for Couples” with Gail Palmer, MSW, RMFT, one of the Founding Members of the Ottawa Couple and Family Institute and co-director of the International Centre of Excellence in Emotionally Focused Therapy (2013, Halifax, NS)
56. 1-day CPA workshop titled “Advocacy Workshop: How to Engage and Influence Decision Makers and the Public” with John Service, Ph.D., Director of CPA's Practice Directorate and Meagan Hatch, CPA's Manager of Government Relations (2012, Halifax, NS)
57. 2-day advanced statistical workshop on longitudinal and structural equation modeling with Mplus with program creators Linda and Bengt Muthen, Ph.D.s (2009, Baltimore, MD)
58. 1-day statistical workshop on meta-analysis presented by the Nova Scotia Foundation for Health Research with Joseph Beyene, Ph.D. and Jill Hayden, Ph.D., from the Cochrane Collaboration (2009, Halifax, NS)
59. 2-day statistical workshop on structural equation modeling with Mplus with program creators Linda and Bengt Muthen, Ph.D.s (2008, Baltimore, MD)
60. 10-day statistical workshop on longitudinal analyses with multilevel modeling and structural equation modeling as part of the Summer Programme in Data Analysis presented by the Institute for Social Research at York University and the Social Sciences and Humanities Council of Canada (2007, Toronto, ON)
61. Half-day clinical workshop on treatment of anxiety in children/youth with Sandra Clark, Ph.D., presented by University of British Columbia Psychology Clinic (2007, Vancouver, BC)
62. 3-day statistical workshop on multilevel modeling with SAS with Daniel Bauer, Ph.D. (2007, Toronto, ON)
63. 6-week, weekly seminar on Cognitive Behavioural Analysis System of Psychotherapy for chronic depression with John E. Carr, Ph.D. (2007, Seattle, WA)
64. 5-day statistical workshop on multilevel modeling with Zin Ma, Ph.D. (2006, Edmonton, AB)
65. 2-day clinical workshop on Dialectical Behaviour Therapy with Lawrence Y. Katz, M.D. (2006, Moose Jaw, SK)
66. 1-day clinical workshop on clinical health psychology with T. Michael Vallis, Ph.D. (2005, Saskatoon, SK)
67. 2-day statistical workshop on structural equation modeling with AMOS with program

- creator, John Raz, Ph.D. (2005, Washington, DC)
68. 2-day clinical workshop on Mindfulness-Based Cognitive Therapy for depression with Zindel Segal, Ph.D. (2005, Vancouver, BC)
 69. 3-day statistical workshop on hierarchical data modeling with HLM 6.0 with program creators, Steve Raudenbush, Ph.D. and Tony Bryk, Ph.D. (2004, Chicago, IL)
 70. 1-day clinical workshop on generalized anxiety disorder and social phobia, presented by University of British Columbia Psychology Clinic and the Anxiety Disorders Clinic of the University of British Columbia hospital. (2003, Vancouver, BC)
 71. 2-day clinical workshop on Core Depression Changeways Treatment Program with Randy Patterson, Ph.D. (2003, Vancouver, BC)

HONOURS AND AWARDS

- Women of Excellence Award category of Health, Sport, and Wellness (2017)
- Social Sciences and Humanities Council of Canada, Summer Programme in Data Analysis Travel Award (2007)
- Michael Smith Foundation for Health Research Post-Doctoral Fellowship (2006-2007)
- Western Psychological Association Student Scholarship Award (2003)
- Michael Smith Foundation for Health Research Doctoral Trainee Award (2002-2006)
- Social Sciences and Humanities Research Council Doctoral Award (2001-2006)
- University of British Columbia Graduate Fellowship (2001-2002)
- Lougheed Award of Distinction, Alberta Heritage Scholarship Foundation (2001)
- University of British Columbia Graduate Fellowship (2000)
- Green Graduate Scholar Award (2000)
- Ken Lem Carter Graduate Award, the Canadian Scholarship Trust Plan (2000)
- Muriel Kovitz Prize, University of Calgary, for distinction in scholarship (2000)
- Governor General's Medal, for distinction in scholarship (2000)
- Lieutenant Governor's Gold Medal, for distinction in scholarship (2000)
- Faculty of Social Sciences, University of Calgary, Gold Medal, for distinction in scholarship (2000)
- Psychology Department Silver Medallion, University of Calgary, for distinction in scholarship (2000)
- Alberta Heritage Fund for Medical Research Summer Scholarship (2000)
- Rhodes Scholar Nominee, University of Calgary (2000)
- Leaders of Tomorrow Award, in recognition for outstanding contributions to the community through volunteer service (2000)
- First Calgary Savings Scholarship (1999)
- Louise McKinney Post-Secondary Scholarship (1997-1999)
- University of Calgary Matriculation Merit Award (1996-1999)
- West Canadian Graphic Scholarship (1996)
- Alexander Rutherford Scholarship (1996)
- Dean's List (1996-2000)