

# **AGENDA**

## **Drop-in Career Exploration for Arts Students**

Thursday, February 8, 2024 10:00 am - 3:00 p.m. Location: MM215

If you wish to attend a workshop there is no registration - it's first come, first served. Please be a few minutes early as sessions will start promptly.

#### 10:15am Should I Go to Grad School?

Thinking about grad school? This session is for you! Consider various pathways based on your career goals (you have more options than you think!), learn about the "invisible" steps to applying successfully to grad school, and figure out your ideal timeline.

#### 11:15am Job Searching for Arts Students

An interactive session that will give Arts students the confidence they need to land the jobs of their dreams – offering tools and tips to identify what skills their degrees and student experience can offer. Walk away feeling job ready!

### 12:15pm Career Exploration Self-Assessment Activity

How much do you know about yourself...really? Come and test your self-knowledge with this guided assessment based in peer-reviewed research on what REALLY leads to career success. Build a solid foundation for your own successful career and explore how the changing world of work favours skills learned in the Arts.

### 1:15pm Job Searching for Arts Students

An interactive session that will give Arts students the confidence they need to land the jobs of their dreams – offering tools and tips to identify what skills their degrees and student experience can offer. Walk away feeling job ready!





### 2:15pm Should I Go to Grad School?

Thinking about grad school? This session is for you! Consider various pathways based on your career goals (you have more options than you think!), learn about the "invisible" steps to applying successfully to grad school, and figure out your ideal timeline.

## **Drop in Vision-Boarding - and Snacks (The Arts Commons Fishbowl)**

Feel like your career dreams and goals need a creative boost? Drop in any time between 10am and 3pm to create a vision board – a visual representation of your values/interests/dreams and life goals. Making a vision board is calming, energizing, and refreshing. So give yourself a boost this term by treating yourself to some "me time". Snacks included!

**Not a Joiner?** The Arts Commons will still provide you with food for thought (and actual food – all are welcome for snacks). Take a wander through the Commons and find inspiration on your own.