|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Workshop Title** | **Date** | **Time\*** | **Location** |
|  | Time Management for University | Tues. Jan. 9 | 4:00 p.m. | LA274 |
|  | Build Your Study Schedule | Wed. Jan. 17 | 3:30 p.m. | LA297 |
|  | Get the Most Out of Reading | Thurs. Jan. 18 | 12:00 p.m. | LA271 |
|  | Notetaking and Listening in Class | Tues. Jan. 23 | 2:30 p.m. | LA177 |
|  | Effective Study Strategies | Wed. Jan. 24 | 11:00 a.m. | MM227 |
|  | Overcome Procrastination | Mon. Jan. 29 | 1:30 p.m. | AT216 |
|  | Focus and Concentration | Thurs. Feb. 1 | 11:30 a.m. | LA188 |
|  | Time Management for Busy Students | Wed. Feb. 7 | 2:30 p.m. | MM227 |
|  | Boost Your Motivation | Fri. Feb. 9 | 11:30 a.m. | LA282 |
|  | Writing Tests and Exams | Wed. Feb. 14 | 1:30 p.m. | AT216 |
|  | Overcome Procrastination | Tues. Feb. 27 | 11:30 a.m. | AT340 |
|  | Learning Supports for ‘Neurospicy’ Students | Tues. Feb. 27 | 3:30 p.m. | AT340 |
|  | Mind Mapping for Learning and Memory | Thurs. Feb 29 | 12:30 p.m. | AT340 |
|  | Time Management for Commuters | Thurs. Mar. 7 | 2:30 p.m. | LA177 |
|  | Boost Your Motivation | Tues. Mar 12 | 3:30 p.m. | LA177 |
|  | Effective Study Strategies | Mon. Mar. 18 | 4:00 p.m. | LA177 |
|  | Preparing for Science Exams | Wed. Mar. 27 | 5:30 p.m. | AT216 |
|  | Build Your Study Plan | Tues. Apr. 2 | 4:30 p.m. | LA177 |
|  | Writing Exams | Thurs. Apr. 4 | 11:30 a.m. | LA188 |

\*All workshops run for 45 minutes

\*Workshop location subject to change. Visit www.smu,ca/studentsuccess for updates!

Qr code

Description automatically generated

Join us for free **in person** or **online (Zoom)**

Learn more and register at www.smu.ca/studentsuccess

**Walk-ins are welcome!**

A couple of women sitting at a table

Description automatically generated with medium confidenceMeet one-on-one with **Learning Skills Strategist**, Emma Sylvester, to discover learning approaches that will work best for you. Get support in:

|  |  |
| --- | --- |
| * general study skills * time management * exam preparation * notetaking | * procrastination * motivation * focus * and more! |

Appointments are free and are offered both in-person in the Student Centre, SC301, and online.

Book a one-on-one appointment at **www.smu.ca/studentsuccess** or email [**StudentSuccess@smu.ca**](mailto:StudentSuccess@smu.ca)

|  |  |
| --- | --- |
| **Learning Skills**  **and Strategies** | Study Hall |

**A group of people sitting at tables

Description automatically generated with medium confidence**Study Hall is a free, open, shared workspace for you to:

* work effectively
* grab a study snack
* meet and study with peers
* get support on your exams and assignments
* use provided tools and materials

Held **every** **Thursday, 1:30 - 3:30 p.m.** in the Patrick Power Library Classroom, **LI135**