

WELCOME

The Department of Athletics & Recreation is proud to offer a full selection of sport camps for the upcoming Spring and Summer. If you have any questions regarding any of our camp programs, please call 420-5429 or 420-5555.

All of our sport camps are led by Varsity Team Head Coaches and their assistants along with varsity athletes. Campers will work hands-on with some of the best student-athletes in Canadian University Sport. For a complete list of our Varsity Coaches and staff visit our website. Our healthy choice lunch is available for \$40 per week. Check out the menu on our website www.smuhuskies.ca



Contact Camp (full gear required)

DATE	TIME	AGE	COST
July 23–25	9am – 4pm	8–15	\$190*

*Price includes lunch and camp jersey.

- 2 The contact summer camp will focus on the fundamental skills associated with football and progress to position-specific techniques. Each camper will be exposed to all positions in football on the first morning, then move into an offence/defence position specifically to their choice after the first morning. On the last afternoon there will be a live contact scrimmage.

Participants will be organized according to their age group as well as skill level and ability. Each player will undergo a complete teaching progression in all facets of the game. By attending the camp participants have the opportunity to work with the players and coaches from one of the top programs in the country. The skills learned from this camp will provide a better understanding of the game of football and prepare campers for the upcoming season.

Football Gear

Gear can be rented or borrowed through the football association in your area or rented through the Dartmouth Minor Football Association for \$20 per person. A time and place to pick up gear will be arranged the week before camp starts.

Non-Contact Camp

DATE	TIME	AGE	COST
July 23–25	9am – 4pm	6–10	\$180*

*Price includes lunch and t-shirt.

The non-contact camp offers young co-ed campers aged 6-10 the opportunity to learn football skills and techniques in a positive, fun, non-contact learning environment. Each day is structured to teach the campers all positions and rules of football. On the final afternoon a showcase of flag football by the campers will occur.

Gear required for the Non-Contact camp is sneakers/cleats, shorts and t-shirt.

★ FOOTBALL ★

High Performance Camp

DATE	TIME	AGE	COST
July 26–27	9am – 4pm	12–18	\$150

Price includes lunch and camp jersey.

The high performance football camp is open to Quarterbacks, Receivers and Defensive Backs aged 12-18. Campers will be coached on position-specific skills by SMU Huskie players and coaches, and will compete in one-on-ones at the end of every practice. This camp will include film sessions as well as a nutrition/strength training seminar. Each camper will also receive a strength program by SMU Strength Coach, Devin Murphy. The cost for this elite, 2-day camp is \$150.00.



Girl's Spring League

Jr. Mini & Mini

DATE	TIME	AGE	COST
April 30–June 18	Mondays at 6:00pm, 7:20pm and 8:40pm	Jr. Mini 8–9* Mini 10–11*	\$80

*Ages as of October 1, 2011 * All teams will play 8 games. Includes team t-shirt.

Bantam & Midget

DATE	TIME	AGE	COST
May 3–June 21	Thursdays at 6:00pm, 7:20pm and 8:40pm	Bantam 12–13* Midget 14–15*	\$80

*Ages as of October 1, 2011 * All teams will play 8 games. Includes team t-shirt.

Registration Deadline: April 20, 2012

Scheduling

Schedules will be developed to ensure an even distribution of game times for each team.

General Information - See page 4 Boys Basketball

Co-Ed Tots Camp

DATE	TIME	AGE	COST
July 2–6	9am – 12 noon	5–10	\$80 (includes t-shirt)

• 5 days of basic skill development, modified games and lots of fun-filled basketball activity.

Girl's Summer Camp

DATE	TIME	AGE	COST
July 9–13	9am – 4pm	7–16	\$225 (includes full uniform)
August 13–17	Supervised 8am – 5pm		

The Huskies pride themselves on providing one of the top “girls only” basketball camps offered in the area. Players are encouraged to develop in a very positive environment. Members of the SMU Women’s Varsity team continue to serve as excellent role models for younger players.