



## Girl's Summer Hockey League

DATE	TIME	AGE	COST
August 2 – Sept. 2	8:30pm Monday – Thursday	15+ (born 1995)*	\$250

\*Any players born in 1996 must be approved by Lisa Jordan before authorized to register.

This league is focused on elite female hockey players who have 5+ years of experience at the “Rep” level. Its intent is to provide an opportunity for competitive players to participate against their peers at a high performance level. Expected participants include elite Midget and Varsity level players.

### Highlights

- Format: 3 periods x 15 minutes, stop time.
- Each team will play 2 games per week, 10 game schedule.
- Each player receives her own jersey.

Please ensure that the shaded box on the Registration Form is completed for Summer League Registrants.

## Summer 3 on 3 Tournament

DATE	TIME	AGE	COST
August 14–15	TBA	18+ (born 1992)	\$75

This tournament will be hosted at Saint Mary's Alumni Arena. Players must indicate which team they are competing for when registering.

### Highlights:

- Games will be 3 periods x 12 minutes, stop time.
- Each player is guaranteed to play 3 games.
- Teams are composed of 9 skaters + 1 goalie.
- All players are required to wear full equipment, including neck guards and full face shields.
- Each player receives a jersey and water bottle.

## Summer Hockey School

DATE	TIME	AGE	COST
August 9–13	9am–4:30pm	Group 1: Novice/Atom: Born 2000–2003	\$250
		Group 2: Pee Wee: Born 1998–1999	
		Group 3: Bantam: Born 1996–1997	

These camps will emphasize skill development in skating, shooting and puck handling on the ice, as well as hockey-specific and age-specific off-ice activities. Each day includes 2 x 60 minute on-ice sessions, 2 x 60 minute off-ice hockey-specific activities, and 1 x 60 minute classroom session.

- Hot Lunch option available (\$35 additional fee)
- Full equipment required
- Includes jersey and water bottle
- Gym gear required (sneakers, shorts, t-shirt)