



Bantam Major Training Camp

DATE	TIME	AGE	COST
August 2–15	5:15pm – 8:15pm	1996/97 born	\$295

Space is strictly limited to 24 players per group: 12 forwards, 8 defense, 4 goaltenders.

This program is suited to 1997 players competing at the AAA level and 1996 born players competing at A, AA & AAA levels.

Technical Portion

- Hockey specific power skating
- Individual puck skills and shooting skills
- Passing/receiving skills
- Competing and game like situations
- Goaltenders will receive specialized individual attention in each session.

Each group will receive

- 12 HRS on-ice conditioning
- Camp of Champions Hockey Jersey
- 6 – 1 ½ hour practices and
- 2 – 1 ½ hour games

- 6 Game play will consist of 5-on-5, 4-on-4, and 3-on-3 play. Games will also incorporate a focus of specialty team play (power play and penalty kill).

Boy's Advanced Summer Development Program

DATE	TIME	AGE	COST
August 9 – September 2	5:15pm – 8:15pm	Group 1: 2002 born*	Group 2: 2001 born
		Group 3: 2000 born	Group 4: 1999 born
		Group 5: 1998 born	
			\$295

*2003 players must be approved by Camp Director.

Space is strictly limited to 24 players per group: 12 forwards, 8 defense, 4 goaltenders.

This program is designed for players competing at A,AA,AAA levels.

Technical Portion

- Hockey specific power skating
- Individual puck skills and shooting skills
- Passing/receiving skills
- Competing and game like situations
- Complete checking instruction (for age appropriate levels)
- Goaltenders will receive specialized individual attention in each session.

Each group will receive

- 12 HRS on-ice conditioning
- Camp of Champions hockey jersey
- 6 – 1 ½ hour practices and
- 2 – 1 ½ hour games

Game play will consist of 5-on-5, 4-on-4 and 3-on-3 play.

Games will also incorporate a focus of specialty team play (power play and penalty kill).

Please note: Groups may be combined if necessary

★ BOY'S HOCKEY ★



Drills & Skills - The Development Program

DATE	TIME	AGE	COST
August 16–20 (revised date)	8am – 5pm	Group 1: 5–6	Group 2: 7–8
		Group 3: 9–10	\$325

This program is designed to promote fun while learning the skills of hockey. Emphasis will be placed on skill development with the goal of improving confidence and enhancing the young player's enjoyment of the game.

Camp Features

- 1:5 (or better) Instructor to student ratio
- Two on-ice sessions daily
- Off-ice recreation and fun activities
- Full day camp Monday to Friday (hot lunch option available)
- Camp of Champions hockey jersey
- Enrolment is limited

Morning sessions will focus on fundamental skill development. During the afternoon sessions players will practice skills learned in the morning and finish with a full ice game. This program has been designed for players that are new to the game and/or players enjoying the game at the recreational level.

7

Competitive High Performance Program

DATE	TIME	AGE	COST
August 23–27	8am – 5pm	Group 1: Novice 2002 (2003 players must be approved by Camp Director)	\$340
		Group 2: Atom 2001 (Travel Team/Rep) 2000 (must have played A, AA, AAA last season)	
		Group 3: Pee Wee 1999 (must have played AA, AAA last season) 1998 (must have played A, AA, AAA last season)	

Camp Features

- 1:5 (or better) Instructor to student ratio
- 3 hours of on-ice training per day
- Extensive off-ice training – information and exposure to training techniques
- Intense on-ice sessions – competing situations & small area games
- Complete checking instruction (for age appropriate levels)
- Specialized and individualized goaltender training daily
- Interactive classroom and video sessions daily
- Full day camp Monday to Friday (hot lunch option available)
- Camp of Champions hockey jersey
- Enrolment is limited

This is a competitive and high level program for players preparing to play and/or tryout for 'AAA' teams for the upcoming season. Focus will be given in the areas of conditioning and developing skills such as skating, shooting, passing and receiving, puck control, angling and small area competing skills.