



Frank Arment

Frank Arment is another of those very talented New England products who have made their way to Saint Mary's to excel athletically and academically over the last half century and to leave their imprints on the programs to which they made such generous contributions. For Arment the imprint was on the football and basketball programs as a player and leader from his arrival in 1961 to graduation in 1963. He arrived by the personal persuasion of the late Father J.J. Hennessey, S.J., and Athletic Director Bob Hayes on the recommendation of SMU alumni living in the Lee, Mass. Area; a move that became a master stroke in recruitment.

Playing in what was then the Maritime Senior Football League, an amalgam of college and service teams and later the Maritime Intercollegiate League, Arment was an exceptional student-athlete whose study load reduced his activities to football after one season of hoops in 1962. Captain of the football team, he won Most Valuable Lineman Award in each of the three seasons he played while playing at least three positions, offensive tackle, defensive tackle and defensive end, a player of remarkable versatility.

After graduating from Saint Mary's in 1963, Frank was accepted into Queen's University Law School and played three seasons as a defensive tackle, a conference All-Star for all three seasons in which Queen's won the league title. By 1967, still pursuing his law degree but with no player eligibility left, Frank remained with the football program as defensive line coach. Since his graduation from Queen's Frank Arment has carved a highly successful legal career within the insurance industry and at present he is Vice-President of the Plymouth Rock Assurance Corporation in Boston.

From his early student days at Saint Mary's, Frank knew exactly what he wanted in a professional career and spurned CFL offers by Edmonton, Montreal and Toronto to achieve his goal. Still, he has never lost his interest or involvements in football, especially the Saint Mary's program with membership in "The Old Dogs" club and his generous contributions. While he has continued his support to the advancement of the program he has never lost sight of the lasting influence Saint Mary's has had on his life.

He has also coached youth basketball and baseball programs throughout various areas of New England for over 20 years and is a board member of organizations that oversee Little League baseball. Frank and his wife, Sharon, have a possible future SMU recruit, son Nicolas, at 6'3", 265, an offensive guard and linebacker on the Cohasset High School football team who also plays varsity basketball. The apple, as they say, never falls far from the tree.

Today we welcome back a proud Santamarian, Frank Arment, to take his proper place in Saint Mary's Sport Hall of Fame.